



2019 Appalachian Hostel listing

Updated: 12/6/18

This is a listing of Appalachian Trail Hostels

See Legend on page 13

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NoBo Mile	Features	Description	GPS Coords	SoBo Mile
20.5	P(40) ★★★★★	Cross GA. 60 , Woody Gap, picnic area, water (spring) is located (0.1) west of the AT on northern side of the gap. (6.0E) The Hiker Hostel @ Barefoot Hills Hotel 770-312-7342 reservations@barefoothills.com (www.barefoothills.com) AT Passport Location. Open year round. 1 Single bunk accommodations in hostel priced from \$25+ per night, depending upon day of week, seasonality and general availability. 2 Private rooms and cabins begin at \$95+ for up to two guests. Group rates and specials available. Discount for active and retired military personnel during direct reservation call. All stays include free continental breakfast, new bed linens and towels, and shower. X Hot breakfast, lunch and dinner available for purchase. Beer, wine, bottled water and Coca-Cola products available for purchase in cans or bottles. 3 Limited retail supplies available for purchase onsite including 4 canister fuel, hiking gear, supplies, and dried food. P Overnight parking, 5 laundry service and 6 kayak rentals also available (for registered guests only). 7 Free WiFi is available, and all accommodations are equipped with smart televisions for use with personal Netflix, Hulu and other streaming services. 8 Ask about shuttles to and from select trail heads and gaps, local wineries, and downtown Dahlonega for an extra fee. 9 N 34 36.791, W 83 57.907 10 Mail drops: (USPS/FedEx/UPS) 7693 US Highway 19N, Dahlonega, GA 30533. Thru Hiker Special: (Feb. 1, 2019 - April 30, 2019): Shuttle pickup, at a cost, based upon availability and pre-existing reservation payment and confirmation, from Atlanta North Springs MARTA Station (Sunday, Monday, Tuesday & Thursday) and Gainesville bus station (Wednesday only) with confirmed overnight stay in bunk (or upgrade to rooms & cabins, as available). Free continental breakfast, and group shuttle to Amicalola Falls or Springer Mountain the next morning. A portion of the all proceeds from our Thru Hiking Special is donated to the Appalachian Trail Conservancy.	N 34 40.659, W 83 59.987	2171.5
Suches, GA (2.0W)				
	★ ★ ★ ★ ★	Wolfpen Gap Country Store 706-747-2271. AT Passport location. Store: M-Th 8am-8pm, F 8am-9pm, Sa 9am-9pm, Su 9am-7pm. Coleman fuel by the ounce & canisters. Full menu, with hamburgers, chicken, Philly cheese steaks, etc served Thursday - Sunday. Hostel: 1 Bunks \$32 for a bunk with an \$18 deposit. 2 Non-guest shower \$5. Pickup at Woody or Gooch Gap \$5 to \$10 each way. Accepts all major credit cards. 3 Shuttles for a fee to all Georgia Trail heads. Also a designated Post Office. N 34 41.363, W 84 01.322. 4 Mail drops: 41 Wolf Pen Gap Rd, Suches, GA 30572.		
	★ ★ ★ ★ ★	(7W) Wildcat Lodge and Campground 706-973-0321. Open year round. 1 \$15 bunkroom, 2 \$15 camping. 3 Lodge room sleeps 8 \$100, \$25EAP. 4 Camp store has Coleman and canister fuel. X Diner serves Breakfast and lunch. 9 N 34 43.171, W 84 04.030		
31.3	P(8) ★★★★★	Cross U.S. 19/129 , Neel Gap. Walasi-Yi Center. Mountain Crossings 706-745-6095. (www.mountaincrossings.com) AT Passport location. Open year round. 1 Store hours change seasonally, closed Christmas. Full service outfitter. Store hours: M-Th 8am-5pm and F-Su 8:30am-6pm. Will do a gear shakedown for you, if you would like, just ask. Long term resupply. 2 Alcohol by the ounce. Hostel: Hostel is open year round. 3 Absolutely NO PETS in hostel, leaving your animal outside while you stay in the hostel is NOT an option. No reservations. First come, first in. 4 Bunkroom \$20 includes shower with towel. 5 Free camping out back. 6 Shower without stay \$5, includes towel and soap. 7 Laundry \$5. Ask about shuttles. Outgoing shipping is available. 9 N 34 44.110, W 83 55.073 10 Mail drops (USPS/UPS/FedEx) held for 2 weeks, \$1 donation fee upon pickup, 12471 Gainesville Hwy, Blairsville, GA 30512.	N 34 44.437, W 83 55.210	2160.7
69.2	P(12) ★★★★★	Cross U.S. 76 , Dicks Creek Gap, picnic area, water is located (0.5W). See Map of Dicks Creek Gap. (0.5W) Top of Georgia Hiking Center 706-982-3252 (www.topofgeorgiahikingcenter.org) AT Passport location. No pets please. No alcohol or drugs. Open year-round 7-7. Street sign with arrow marks the easy half mile downhill road walk to TOG from gap (NoBo hikers head left, SoBo hikers head right). 1 Bunk and shower \$35 and private 2 bed 2 cabins \$70. Both include free continental breakfast and use of full hostel kitchen with your stay. Advance reservations available but not required. 2 Laundry \$5/load (we do it for you) with free hospital scrubs provided. 3 Computer, 4 free Wi-Fi. Pizza & snacks available. 5 Full resupply. 6 Ask about slackpacking. 7 Discount outfitter on site specializes in limited thru-hiker gear. 8 Free shuttles year-round to Hiawassee, Dicks Creek Gap and Unicoi Gap daily for overnight guests. TOG shuttles travel as far south as Atlanta Marta North Springs Station and north to Fontana for a fee. Offers slackpacking options (whole state of GA and up to NOC). Print your Smoky Mtn Permits here. Fun morning seminar "10 Keys for a Successful Thru-Hike". Pack shakedowns available. P Parking available. 9 N 34 55.220, W 83 37.498 10 Mail drops: (\$2 fee) held for 21 days. ID required to pick up packages: 7675 US Hwy 76 E., Hiawassee GA 30546.	N 34 54.739, W 83 37.131	2122.8
109.4	P(15-20) ★★★★★	Cross U.S. 64 , Winding Stair Gap, piped spring. Jack Tarlin Hostel 828-524-2064. (www.baltimorejacksplace.com) On site outfitter - Satellite of Three Eagles Outfitter. 1 Bunk room \$20 per person, 10 bunks on hand. Private rooms single \$49.99 plus \$5 for each extra person per room. 2 Shower without stay \$5. 3 Coin laundry, 4 computer available for use, 5 free WiFi. Smoky Mountain permits for free here. 6 Shuttle runs at 9 and 11 am for the months of March thru April to and from Rock Gap, Wallace Gap and Winding Stair Gap. Motel guests may call for free pickup. 4 pm shuttle around town for errands for guests. 9 N 35 10.945, W 83 22.682 10 Mail drops: 7 Derby Street Franklin, NC 28734 Gooder Grove Hostel 828-332-0228. Located in the heart of downtown Franklin, a short walk from Main Street breweries, restaurants and shops. 1 Daily shuttles to local outfitters stores. AT Passport location. Open Year Round. May be closed September 10 - October 1, please call ahead. Call for a shuttle or reservations. 1 Bunk: \$23 per person, includes fresh linens Private room: \$43. 2 Tent or 3 hammock: \$13 per person. 4 Laundry is \$5. 5 Free Wifi. 6 Shuttle from Winding Stair Gap or Rock Gap at 9:30, 12:30, and 3:30 daily, end of February through April. Pet friendly, with fenced dog lot and kennel. P Parking for section hikers. Shuttles for 7 slackpacking and guided hikes available. 9 N 35 10.686, W 83 22.679 10 Mail drops: 130 Hayes Circle, Franklin, NC 28734	N 35 07.185, W 83 32.891	2082.6
Franklin, NC 28734 (10E) (all major services) See map of Franklin north side and south side.				



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NoBo Mile	Features	Description	GPS Coords	SoBo Mile
128.8	▲P(10)♀ ★★★★★	Cross NC. 1365 , Tellico Gap (4.3W) Nantahala Mountain Lodge 828-321-2340. Out of hours (After 7pm 828-321-9949). AT Passport location. Run by 2010 thru hiker Wiggy. Open 1st March - 1st June No Pets. ALL NIGHTLY RATES INCLUDE BREAKFAST. 2 x Bunks \$35 per person (bedding provided). 2 x Private rooms with 2 twin beds \$75. Private room with king bed, private bathroom \$85. Laundry \$5.00. Short term resupply available. Free WiFi. Shuttle pickup and return to or from: Wayah Gap (115.1) \$5PP per trip, Burningtown Gap (123.8) \$5PP per trip, Tellico Gap (128.6) \$5PP per trip. Slackpacking options Rock Gap to Fontana with reservations. P Parking for section hikers \$4 day shuttles to start point available. Cash payment only if stay is under \$50. There is a \$3 surcharge for use of Credit Cards if stay is over \$50. RESERVATIONS HIGHLY RECOMMENDED. Mail drops for guests who are staying at Lodge: 63 Britannia Drive, Tipton. NC 28781	N 35 16.092, W 83 34.339	2063.2
136.7	▲P(10)♀ ★★★★★	Cross US 19/74 , Nantahala Gorge, Nantahala Outdoor Center. See map of NOC Nantahala Outdoor Center 828-785-5082. (www.noc.com) media@noc.com AT Passport location. Walk in's with and without out reservation must check in at General Store between 10am and 7pm. Credit Cards accepted. Motor rooms: \$79.99 and up, free WiFi. Base Camp Bunkhouse: 828-785-5082, reservations are recommended, \$39.99 for 2 people, \$79.99 for 4 people, \$109.99 for 6 people, \$139.99 for 8 people, all include shower, common area and community kitchen, free WiFi. River's End Restaurant: Serves breakfast, lunch and dinner. Opens mid-March. M-Thu 8am-7pm. No breakfast in the fall. F-Sa 8am-8pm, Sun 8am-7pm. Free WiFi. NOC Outfitters: Open daily. Lots of gear, trail food, fuel by the ounce, free WiFi. They will do gear shakedown if you would like them to, just ask. You can print Smoky Mountain permits from here. Ask about shuttles. Mail drops: dated and marked "Hold for AT Hiker", 13077 Hwy 19W, Bryson City, NC 28713.	N 35 19.872, W 83 35.532	2055.3
150.5	▲P(6-8)♀ ★★★★★	Cross NC. 143 , Sweetwater Road, Stecoah Gap, picnic table. Water (spring) is located 200 feet on blue blaze west on NC 143 then left 250 feet on abandoned overgrown logging road. See Map of Stecoah Gap and Robbinsville, NC. (1.2E) Appalachian Inn Bed & Breakfast 828-735-1792. (www.appalachianinn.com). Located at Stecoah Gap Room rates \$145-\$165. Breakfast is included, dinner can be added upon request. Free WiFi. Shuttle services are available. Cash, check and credit cards are accepted. (3.2E) Cabin in the Woods Craig 980-406-6446 or Eileen 224-420-0273. (www.thecabinsinthewoods.com) \$25 pp Hiker Lodging includes ride to/from Stecoah Gap, indoor shower, bathroom, satellite TV and Wifi. Private cabins also available, but are often booked - reserve early. Resupply to Robbinsville available. For fee shuttle range from Amicalola to Hot Springs and Knoxville to Asheville. Family style breakfast and laundry W/D available for hikers. Free Shuttle to Stecoah Valley Diners. Call for availability. Mail drops for only guest or for those using shuttle services. Mail drops: 386 W. Stecoah Hts., Robbinsville, NC 28771.	N 35 21.497, W 83 43.074	2041.5
158.3	▲P(3)♀ ★★★★★	Cross NC. 1242 , Yellow Creek Mountain Road, Yellow Creek Gap. See map. (2.0W) Creekside Paradise Bed and Breakfast 828-346-1076 (No texting available). Cynthia and Jeff. Room rates: \$60 per person, \$45PP- 2 per room, \$38PP-3 or more per room. Camping \$10. Stays include pickup and return from Yellow Creek Gap, laundry, hot tub. Breakfast and resupply trip to Robbinsville included with room rental, \$10 for campers. Dinner \$15 per person. Free WiFi. Pickup and return from Stecoah Gap and Fontana \$5 each way, NOC \$15 each way. Slackpacking available. Pets welcome. Mail drops: 259 Upper Cove Rd, Robbinsville, NC, 28771. (3.0E) The Hike Inn 828-479-3677. (www.thehikeinn.com) (hikeinn@graham.main.nc.us). Open Mar thru Oct. A hikers-only motel and shuttle service run by Nancy Hoch since 1993, now joined by 2014 thru hiker Tom "High Loon" Barrett. Private room with bath, TV WiFi & coffee maker: \$50 (2 person max). Laundry \$5. Thru & long distance hiker package (includes laundry, dinner/resupply trip to Robbinsville & pickup & drop off at Stecoah Gap, Yellow Creek Gap or Fontana Dam): \$75PP, \$50PP if 2 in room. Free slackpacking between Stecoah Gap, Yellow Creek Gap & Fontana Dam with 2 night stay. Free parking for section hikers with stay and shuttle. Free printing of Smokies permit for guests. Shuttles between Atlanta & Damascus. Free mail drop for guests: 3204 Fontana Rd, Fontana Dam, NC 28733.	N 35 24.630, W 83 45.942	2033.7
242.0	▲P♀ ★★★★★	Green Corner Road. See map of Davenport Gap. (0.1W) Standing Bear Farm 423-487-0014. AT Passport location. Open year round. Bunk \$20, tenting \$15 per person. Cabin or treehouse \$50 per couple. Resupply items available. Also has meals for purchase to cook. Canister, Coleman and alcohol fuels. Can hand wash laundry, electric dryer. Free Wifi. Shuttles anywhere. Kennel service, dog shuttles around Smokies \$250. P Parking. Mail drops for guests free (non guest \$3 per package): 4255 Green Corner Rd, Hartford, TN 37753.	N 35 47.169, W 83 06.108	1950.0
275.0	▲P(15-20)♀ ★★★★★	U.S. 25/70, N.C. 209, Hot Springs, NC. See Map of Hot Spings. Notice the AT logos in the sidewalks South bounders must have a backcountry permit before entering Great Smoky Mountains National Park. Elmers Sunnybank Inn 828-622-7206. (www.sunnybankretreatassociation.org) AT Passport location. Open year round. No Pets. No Smoking. Located across from Dollar General. Traditional thru-hikers \$25 per person for private room, includes linens, towel and shower. Breakfast for guests only \$6 dinner \$12; gourmet organic vegetarian meals. Inn offers an extensive library and a well-equipped music room. WiFi available. Work exchange possible. Does not take Credit Cards. Mail drops for guests: PO Box 233, Hot Springs, NC 28743. FEDX drops: 26 Walnut St., Hot Springs, NC 28743. Hostel at Laughing Heart Lodge 828-206-8487. (www.laughingheartlodge.com) AT Passport location. Open year round. Pets welcome. \$20 bunks, \$25 per person for semi private, \$35 per person for single private, \$45 double occupancy in a private room. Pets fee \$5, few pet rooms. All rooms include morning coffee, shower, towel, movies, use of hiker kitchen. Lodge rooms \$100 and up, includes continental breakfast, must call to reserve at 828-622-0165. Tenting with shower \$10 per person \$15 for 2 (in one tent). Quiet time at night from 10 pm to 7 am. Laundry \$5 includes soap. Shower only \$5. Free WiFi. Karaoke and outdoor movie theater with 10 foot screen. Massage available, please call Glenda at 603-204-7893 Mail drops for guests: 289 NW US Hwy 25/70, Hot Springs, NC 28743.	N 35 53.370, W 82 49.938	1917.0



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		Hiker's Ridge Ministries Resource Center 828-691-0503 godswayeen@gmail.com (www.hikersridge.com) ♦ AT Passport location. Open M-Sa 9am-3pm, Mar 21 - May. Place to relax, coffee, drinks, snacks, ♣ restroom. ☑ Computer available for use, ☑ free WiFi. ⇄ Overnight stays, ask for pricing.		
291.3		Log Cabin Drive. Private home in view to 100 yards east, please do not trespass. See map of Log Cabin Rd.		1900.7
		(0.7W) Hemlock Hollow Inn 423-787-1736(www.hemlockhollowinn.com) Owners Russ and Dianna Rosa. ♦ AT Passport location. Closed during the winter (October 25th-March 25th). West on Log Cabin Dr. to paved Viking Mountain Rd. ⚡ Bunkroom \$27PP with linens, \$22 without. ⇄ Cabin for couples with linens \$60. All rooms heated. ▲ Tent site \$15 per person. 🐾 Pets fee \$5. All stays include shower. ☑ Non guest shower and towel for \$5. ☑ Camp store stocked with long term resupply, some gear, cold drinks, foods, fruit, stove fuels. 🚗 Ask about shuttles. P Parking free for guests, fee for non-guests. Credit cards accepted. ☑ Mail drops free if you stay, \$5 without staying. Mail drops (ETA mandatory): 645 Chandler Circle, Greeneville, TN 37743.		
319.8		Cross Flag Pond Road, US. 23, I-26, Sams Gap. (2.8W) Natures Inn Hostel 828-216-1611 (www.naturesinnhostel.com) ♦ AT Passport location. 🐾 Pets allowed but they must be leashed when on property. ⚡ Two bunkhouses, both have electricity, twin mattress, bed linens for extra fee, heaters available for rent for extra fee, covered outdoor space between the two buildings. ⇄ Cabins, 2 People, EAP for a fee up to a total of 4, electricity, queen and twin bed with mattress, bed linens for extra fee, heaters are available for rent for extra fee, fire ring (firewood for sale), 🍷 picnic table, charcoal grill (charcoal for sale). ☑ Bath house; bath towels, soap and shampoo included with stay. ⇄ Private rooms available in house ask for prices, 2 queen beds, 1 king beds. ▲ Tenting, includes shower for a price. ☑ 4 hammock spots (in ground poles) for a price, includes shower. ☑ Free WiFi. ☑ Laundry facilities on site, for a fee, includes laundry powder. ☑ Showers; with out stay for a fee, if shuttle to and from trail head needed there is a fee. ☑ Small resupply store for Hiker food stuffs and we offer 🍕 pizza, soft drinks, hamburgers, hot dogs, some fuels etc. 🚗 Shuttle: to and from trail head at Sams Gap, free with stay. To and from Devil's Fork trail head, ask for pricing. 🎒 Slackpacking: available, negotiated pricing dependent upon, where, when, etc. P Parking: No charge with stay, priced per day with out stay. We accept CC and cash. Reservations recommended. All reservations must provide CC to reserve or pay in advance. Full refund if cancelled 7 days prior to reservation, 50% refund if cancelled during 6 days up to check in date. ☑ Mail Drops: 4871 Old Asheville Highway, Flag Pond, TN 37657	N 35 57.149, W 82 33.655	1872.2
344.4		Cross River Road, Chestoa Bridge, Nolichucky River Erwin, TN. (3.8W) (all major services). See maps of Erwin. ♦ AT Passport location. Open year round. ⚡ \$20 per person per bunk. ⇄ Private cabins range from \$30-\$95, includes fridge, microwave, and linens. ▲ Camping \$10 per person. Included with stay are showers, shampoo, conditioner, and soap. 🍷 Work for Stay possible, just ask. ☑ Coleman and alcohol by the ounce. ☑ Laundry \$5. ☑ Full resupply. ☑ Computer available for use, ☑ free Wifi. 🎒 Outfitters store carries water filtration systems and filters, headlamps and lots more hiker gear. Bike, 🚣 kayak and raft rentals. ☑ Shower without stay \$5, includes soap and towel. 📞 Pay phone available. Accepts Mastercard, Visa. P Parking available for guest. \$2/day. P Parking fees for non-guests - \$3.00 per vehicle per day. Free town shuttles for guests, shuttle runs for breakfast, lunch and dinner. 🚗 Longer shuttles for a fee. ☑ Mail drops: 151 River Rd, Erwin, TN 37650.	N 36 06.312, W 82 26.794	1847.6
368.6		Greasy Creek Gap, blue blaze trail leads west 300 yards to good campsite and water (spring) , campsite is located at the at gap. Old road bed to Greasy Creek Road To the east a trail leads (0.6) Greasy Creek Hostel. See map of Greasy Creek Gap, NC. (0.6E) Greasy Creek Friendly 828-688-9948. greasycreekfriendly@gmail.com (www.greasycreekfriendly.com) ♦ AT Passport location. Open year round, except during Trail Days. Call ahead during Dec-Feb, self serve during the Sabbath (sundown Friday to sundown Saturday). Directions; from Greasy Creek Gap; take old woods road Trail east, follow flags on branches and painted arrows downhill. You should be going downhill all the way. Hostel is first house to your right with gravel path, follow gravel path past bunk house to main house back door to check in. 🐾 Pets okay outside. There is a shed where guests can stay with their pets called the Pup Shed for \$15, includes dog. ⚡ Bunk house or bed on porch \$15 per person (8 bunks available). Indoor beds \$20 per person (3 single beds available). ▲ Tenting \$7.50 per person, stay includes shower. ☑ Shower without stay \$3. ☑ Laundry done by owner in the evening for staying guests only, \$2 to \$6 depending on the load size. Limited kitchen privileges. ☑ Free WiFi. 🍷 Home cooked meals. ☑ Resupply options include multi-day resupply including snacks, meals, and microwaveable entrees. ☑ Coleman and alcohol fuel by the ounce. 🚗 There is a free shuttle every evening (except Sunday) to Mountain Grill (made-to-order food) and Dollar General that is outside of the dinner run for \$5. There are shuttles available from Hot Springs, NC to Damascus, VA and all trailheads and trail towns in between. Call or email to inquire about availability and pricing. 🚗 Free long distance calls within US. P Parking \$2 per night. Credit cards accepted. ☑ Mail drops: 1827 Greasy Creek Rd, Bakersville, NC 28705.		1823.4
395.3		Cross U.S. 19E Elk Park, NC. (2.5E), Roan Mountain, TN (3.5W) SEE MAPS. (2.3W) PO M-F 9am-12:30am & 1:30pm-4pm, Sa 8am-11:30am. 828-733-5711. 153 Main St. W, Elk Park, NC 28622. 📍 N 36 12.013, N 36 09.467, W 81 58.803 (0.3W) Mountain Harbour B&B and Hiker Hostel 866-772-9494. welcome@mountainharbour.net (www.mountainharbour.net) ♦ AT Passport location. Open year round. 🍷 Food Truck open during NOBO Season. ⚡ Hostel located over barn, \$25 per person, king bed \$55. Treehouse \$75, ▲ Tenting with shower \$10. Stay includes linens, shower, towel, full kitchen, wood burning stove, video library. ☑ Non guest shower with towel \$5. ☑ Coin operated laundry, Breakfast \$12 when available. ⇄ B&B rooms \$125-\$165 includes breakfast, A/C, refrigerator, cable TV, ☑ WiFi. ☑ General Store on site with hiker supplies, full resupply. 🚗 🚗 Shuttles can be arranged for slackpacking. P Parking \$10 per day or \$2 per day with shuttle. ☑ Mail drops of non-guests \$5. Mail drops for guests, 9151 Hwy 19E, Roan Mountain, TN 37687.	N 36 10.647, W 82 00.707	1796.7
		(0.5E) The Station at 19E 575-694-0734. (www.thestationat19e.com) ♦ AT Passport location. Open year round. ⚡ \$30pp (flat rate), Includes bunk, shower, laundry, soaps, fresh linens, boot dryer. CRAFT BEER PUB, 🍷 food available & resupply on site. 🚗 Free shuttles to town with or without stay. ☑ Free fast WiFi. 🐾 Pets OK. 🎒 Slack pack & slack dog available. P Secure parking \$10/day or \$2/day with shuttle. ☑ Mail drops to 9367 HWY 19E Roan Mountain, TN 37687. Mail drop free. NOBO blue blaze (brew blaze) to front door.		
		(6.0W) Doe River Hiker Rest 575-694-0734. Open year round. Free shuttle with stay. ⚡ \$30pp (flat rate), includes private room, shower, laundry, and fresh linens. 🚗 Shuttles to town. 🎒 Slack pack available. ☑ Fast wifi. Send ☑ Mail drops to The Station at 19E hostel and they will be forwarded here.		



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NoBo Mile	Features	Description	GPS Coords	SoBo Mile
407.9	 ★★★★★	Upper Laurel Fork, footbridge, side trail (0.3) west to Vango/Abby Memorial Hostel . Side trail (0.25W) along utility line from 406 miles sign just north of bench view spot. Scotty's Back Porch Piano Bar & Hostel 423-772-3450. hikerscotty@gmail.com. AT Passport location. CLOSED from mid Nov thru mid Feb UNLESS called first. Call for availability off season 15 Feb - 15 Nov. Overnights must sign registration form. Bunk room with heat \$10, without heat \$5 night. Private room and deck, queen bed with linens, heat, \$25 single/\$35 double. Pets okay if picked up after. No toilet, but privy, shovel, TP, hand sanitizer provided. Shower \$2, if also using provided towel \$3. Hot tub \$5, pool table, ping pong, piano, guitar and fiddle. Live entertainment daily 7:30-9pm. Cash or paypal only. Offers slackpacking from 19E, ask about rates. Short term resupply available daily 4-8pm: beverages, pizza, Ben & Jerry's ice cream and stove fuels. P Limited parking \$2.50/night. Limited WiFi on satellite: 8-11 pm, 2-8 am daily Mail drops free if sent well in advance. Otherwise \$10 round trip to PO in Roan Mountain. PO Box 185, Roan Mountain, TN 37687-0185		1784.1
420.0	 ★★★★★	Cross USFS 50 , Dennis Cove. (0.3W) Kincora Hiking Hostel 423-725-4409. AT Passport location. No dogs. Bunks \$5 a night recommended donation, 3 night limit. Cooking facilities, laundry. Coleman and alcohol by the ounce. Shuttles by arrangement. Mail drops free for guests, non-guest \$5. 1278 Dennis Cove Rd, Hampton, TN 37658. (0.4E) Black Bear Resort 423-725-5988 (www.blackbearresorttn.com) AT Passport location. Open Mar 1 - Oct 31. In the process of changing owners, pricing and amenities may vary. New owners, Travis and Linda Culp. Pet friendly. Hostel bunks \$20, upper bunkhouse \$25 per person, tenting \$15 per person. Cabins available \$50-\$65 up to 4 people per cabin, \$20 EAP with a max of 6 people. Laundry \$5. Computer available for use. Camp store with long-term resupply items, snacks, sodas, pizza, beer, ice cream and food that can be bought and cooked on-site with microwave and stove. Fuel by the ounce and canister fuel. Credit Cards accepted. Shuttles available. P Parking free for guest who stay one night, \$3 per day for non guests. Mail drops free for guests, non-guest \$5. 1511 Dennis Cove Rd, Hampton, TN 37658.	N 36 15.854, W 82 07.389	1772.0
428.6	 ★★★★★	Cross US. 321 , Shook Branch Picnic Area. See map of Hampton . Boots Off Hostel & Campground Owner Jim Gregory: 239-218-3904 "Top-10 AT Hostel" - The Trek AT Passport location. PET- FRIENDLY! Please call ahead if you have dogs!. Just steps from the A.T. and 5 minute walk to Watauga Lake beach area. Shaded campground with semi-private sites with picnic tables: \$12/pp (Tent or Hammock). Air-conditioned/Heated bunkhouse (each bed has privacy curtains, individual light, & charging station): \$25/pp+tax. Private tiny cabins (full bed with twin bunk, mini fridge, coffee maker with supplies) sleeps up to 3 people: \$60+tax for one person + \$10/pp thereafter. All stays include: light continental breakfast, clean linens, towels, scheduled evening town shuttle (\$5 without stay), Wi-Fi, and access to common area, kitchen, communal fire ring (regular fires during peak season), clean bathrooms and unique showers (\$5 without stay). Full-service Laundry is \$5 pp (we do it for you!). Excellent cell phone signal! Short term resupply and General Store available. Swimming available at Watauga Lake. Kayak/Canoe/Paddleboard rentals available at hostel. P Parking available \$5/day. Slackpacking available for a fee. Shuttles available - range Sam's Gap to Damascus for a fee (Extended shuttles available out of season). Mail drops free with stay \$5 without stay. Mail drops: 142 Shook Branch Rd., Hampton, TN 37658.	N 36 18.112, W 82 07.735	1763.4
Hampton, TN 37658 (2.6W) See map.				
	 ★★★★★	Brown's Grocery & Braemar Castle Hostel 423-725-2411, 423-725-2262. AT Passport location. Open year round. Operated by Sutton Brown; check-in at grocery to stay at the hostel or for shuttles. Pets okay. WiFi at hostel only. Store: Open M-Sa 8am-6pm, Su closed. Store accepts Credit Cards; hostel is cash only.		
449.1	 ★★★★★	Cross TN 91 . (1.9E) The Rabbit Hole 423-739-3391 AT Passport location. \$20 Bunkhouse, \$10 tenting/hammocks, showers, \$3 for laundry. \$5 Day pass available for showers and laundry without stay. Batteries, frozen pizza and ice cream available. Fresh made milk shakes available. Netflix and Wi-Fi. Work for stay options. Possible, private room this season definitely private rooms in the future. Shuttle. Slackpacking and shuttle within a distance if 200 miles. Free trail head pick up and drop off. No stay required, no day-pass required. Mail drops free without stay: 391 Hopper Rd. Shady Valley, TN 37688. (2.6E) Switchback Creek Campground 407-484-3388. (www.switchbackcreek.com) Open Apr 1 - Oct 31. Location; (1.8) miles east to Sluder Rd, turn right for (0.2) miles, then right on Wallace Rd. (0.6) miles to 570 Wallace Rd, Shady Valley, TN 37688. Cabin for two \$40 3 people \$50.00, campsite \$10, cash or credit cards. Pets allowed except in cabins. Showers, laundry, free wifi. Call for ride at TN. 91 or Low Gap.	N 36 28.882, W 81 57.622	1742.9
470.6	 ★★★★★	Junction with U.S. 58 . Damascus, VA. 24236. See map of Damascus . The Broken Fiddle Hostel 275-608-6220 AT Passport location. Pets OK outside. Located on the AT. 4 single beds in shared space, \$25PP. Two private rooms, \$45/2. Tent or hammock \$10PP. Laundry \$5. Stay includes continental breakfast. Shower without stay \$3. Credit cards accepted with a processing fee. Hikers Inn 276-475-3788. hikersinn@gmail.com (www.hikersinndamascus.com) AT Passport location. Closed in winter. \$25 bunks, hostel private room \$50. Rooms in house and Airstream \$75 or \$65/night for multi-night stays. Guest laundry \$5. A/C everywhere. Smoking outside, dogs allowed in hostel and Airstream, free WiFi, cash/check/credit/debit.	N 36 38.160, W 81 47.376	1721.4



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NoBo Mile	Features	Description	GPS Coords	SoBo Mile
		<p>The Place Hostel (276-608-7283). AT Passport location. No pets, alcohol, profanity or tobacco use anywhere on the church property. Methodist Church run bunkrooms, hammock polls, pavilion, guest only showers with towel and soap. Suggested donation \$8. Please help Caretaker keep the hostel clean. Two night max, unless sick/injured. Check-in from 2-9 pm. Open mid-Mar (depending on weather) until mid-June, closed Summer, reopen weekend after Labor Day until mid-Nov (depending on whether). No vehicle-assisted hikers (except during Trail Days).</p>		
		<p>Crazy Larry's 276-475-7130. AT Passport location. Hostel \$35+tax, includes laundry, breakfast and morning coffee. Hostel has A/C and heat. Free WiFi. tenting only during Trail Daze for \$35. Nightly rental that sleeps 12 or more, WiFi, satellite TV, 3 bathrooms laundry room fully stocked kitchen HVAC, \$300 plus. Can call ahead for reservations. Shuttles 276-206-1245 or 276-274-0907. Mail drops: 209 Douglas Drive, Damascus, VA 24236.</p>		
		<p>Woodchuck Hostel 406 407 1272. chuckbissonnette@gmail.com (woodchuck hostel.com) Open year around. Bed with linens \$28 including tax. Private cabin \$455 \$55D. Tent/Hammock \$15. Hot breakfast with stay. Showers \$5 without stay. Laundry \$5 (\$8 without stay) kitchen privileges. Common area.large yard. Pavilion with gas grill. Free Wi-Fi. Dogs welcome. Alcohol fuel. Cold drinks and snacks. Free shuttle to Food City. Other shuttles by arrangement. No drugs or alcohol. Credit card with \$2 fee. Physical address 533 Docie St. Mail drops to: PO 752, Damascus VA. 24236</p>		
		<p>Appalachian Folk School 423-341-1843. (www.warrendoyle.com) Open from mid-March to the end of October (except for 9 April-9 May 9; 20 May-20 June; 20 Aug-15 Sept). Nonprofit, run by Warren Doyle (18 AT traverses) offers work for stay weeknights (M-Th) only (2-3 hrs/night) for all hikers who are conscientiously following the white blazes. Kitchen privileges, shower, free WiFi, laundry and rides to and from the AT between Route 321 (Hampton, TN) and VA 603 (Fox Creek).</p>		
		<p>Mt. Rogers Outfitters 276-475-5416 (www.mtrogersoutfitters.com) AT Passport location. No Dogs, No alcohol. Private rooms \$21. Full service outfitter, fuel by the ounce, short term resupply. Parking \$5 per day. Shuttles to many area in TN and VA. Shower with towel \$3. Mail drops: PO Box 546, 110 W Laurel Ave, Damascus, VA 24236.</p>		
520.1		<p>Cross VA. 650, Dickey Gap. 100 yards to VA. 16 Troutdale, VA. (2.6E). See map of Troutdale.</p>	N 36 43.218, W 81 27.677	1671.9
Troutdale, VA 24378 (2.6E)				
		<p>(2.6E) Troutdale Church Hostel 276-677-4092. AT Passport location. Open Mar 15 thru Nov 15. 62 Sapphire Lane, Troutdale. Donations are appreciated. Bunkhouse with microwave, tenting, shower available. Pets stay outside, no alcohol. Hikers welcome to services in hiker attire. Pastor Ken Riggins. No mail drops to here.</p>		
		<p>(3.2E) Sufi Lodge 276-677-0195. SufiLodgeVA@gmail.com (www.sufilodge.org) AT Passport location. Shuttle from Gap when available. NOBO's call at (Hurricane Shelter) to arrange pick-up. SOBO's call near (Trimpi Shelter). Happy Family Friendly Environment, No Alcohol or Tobacco Products on the Property. \$25.00 Single Beds in the SUFI BUNGALOW, clean linen, towels, hot shower, toiletries and continental breakfast. Full Mediterranean breakfast, lunch and dinner served for an additional fee. Request VEGAN or VEG in advance. Several private rooms are available in the Main SUFI LODGE starting at \$45.00. resupplying options. Free high speed WIFI. Free Epsom Salt Foot Bath for all Guests. Hiker Recover Room - Massage and other hiker wellness services, including expert Cupping Therapy and Dry Carbon Sauna. Hiker Restocking Store - COSCO and other popular Hiker Favorites at shuttle rates. HIKER HEALING KITS sent anywhere on the AT (see website for details). US Post Office 1000 yards away open till 12 Noon. Skyline Bank - ATM Machine. General Store, Restaurants and Dollar General within TEN MILES - Shuttle Fees Apply. Slackpacking options available. Mail drops are free for all guests, non guests \$10: Please include your full legal name on the package. Send to: 67 High Country Lane, Troutdale, VA 24378 Attn: Mail Drop Service.</p>		
534.2		<p>Cross VA. 16, Mount Rogers NRA Headquarters. Parking is not recommend here, location has a history of vandalism with car thefts. (5.0W) Boudicca's Legacy Hostel Located in Marion, VA. 1502 Hwy 16, Marion, Virginia 24354</p>	N 36 48.695, W 81 25.279	1657.8
555.7		<p>Cross VA. 610, Old Rich Valley Road. (0.3W) Quarter Way Inn 276-522-4603. tina@quarterwayinn.com (www.quarterwayinn.com) AT Passport location. % No dogs. Open Apr 1-Jun 30. Renovated 1910 farmhouse run by '09 thru-hiker Tina (Chunky) & husband, Brett. \$30PP for indoor bunkroom with comfy mattress, pillow, shower, towel, laundry, loaner clothes, & a.m. coffee. \$45S, \$75D private room; or, \$18PP tenting, both include the same. Gourmet breakfast \$12 including their own honey, apple butter, and jam. Full resupply (gas canisters, Mountain House, tuna, oatmeal, etc.), pizza, pop & ice cream. Extensive VHS collection, free phone calls, and hammock chairs in a majestic Sycamore tree. Slackpacking often available, call in advance. Can ship outgoing packages. Parking \$3/day. Accepts Credit Cards, ID required. Mail for guests accepted: 4083 Old Rich Valley Rd, Ceres, VA 24318.</p>		1636.3
558.2		<p>Cross VA. 42. O'Lystery Pavilion (private, do not use). See map of VA 42. (0.1E) Bear Garden Hiker Hostel 248-249-1951, 276-682-3769 beargardenhikerhostel@gmail.com Bob and Bertie Lingham owners. AT Passport location. No dogs in the buildings. Hikers with dogs, dogs must sleep in the hikers tent. Bunkhouse \$20 sleeps 10, overflow can sleep 6, includes shower, cold breakfast with cereal, bread for toast and homemade jellies, coffee-tea-hot chocolate included. Privy, washer/dryer are an additional charge. Chapel available for hikers. Stay in house \$80, sleeps 6 with full kitchen and laundry. Usually have fuel. We have food, drinks and some resupply at fair prices and free WiFi at the bunkhouse. Some shuttle service are available. 36.98495, -81.40314 Mail drop: 306 W. Blue Grass Trail Ceres VA. 24318</p>	N 36 58.998, W 81 24.384	1633.8



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NoBo Mile	Features	Description	GPS Coords	SoBo Mile
		(2.5W) Appalachian Dreamer Hiker Hostel 276-970-2834 (www.appalachiandreamerhikerhostel.com) AT Passport location. Open April thru October. No pets or animals of any kind allowed. Accepts reservations only, call for availability. \$25.00 donation requested for stay, accepts credit cards. Space for 8 hikers, 2 full baths for hikers, large screened in porch, full kitchen for hikers where meals are served and hikers can prepare meals. Laundry facilities, WiFi, land line phone, towels, bath cloths and pillow case furnished. Photo I.D. required, max. 2 night stay must sign hold harmless hiker agreement and accept rules which we have in place. Visit web site for rules and more info. We are Christians and promote Christian Values. Complimentary meals, short term resupply, fuel, (shuttle service when available for slack packing). No cell service from trail crossing of Hwy. 42 or Va. 610. Call for pickup from top of Walker Mt. if heading north or from Chestnut Ridge if heading south. Will pick up from either Hwy 42 or Va. 610. Photo I.D. required, max. Ask about parking. Located: at, 502 Dotson Ridge Rd. Ceres, VA. 24318. It is located west of where trail crosses VA 42 and also west of where trail crosses Old Rich Valley Rd. Mail drops: 502 Dotson Ridge Rd. Ceres, VA. 24318.		
604.8	(3) ★★★★★	Cross VA. 608 , Licksillet Hollow. See map of VA 608. (0.8E) Licksillet Hostel 276-779-5447. Open 01 March. Donations accepted, laundry, TV with dvd collection, slackpacking available. Limited kitchen, fridge, microwave, hotplate. Pets OK. Free WiFi. Mail drops for guest only: 35 Price Ridge Rd Bland, VA 24315	N 37 09.429, W 80 57.671	1587.2
625.3	(6) ★★★★★	Cross VA. 663, Sugar Run Gap Road , Sugar Run Gap. See map of VA 663/Sugar Run Gap Rd. (0.5E) Woods Hole Hostel & Mountain B&B 540-921-3444. woodsholehostel@gmail.com (www.woodsholehostel.com) AT Passport location. "A slice of heaven not to be missed." An isolated 1880's Chestnut Log Cabin opened to hikers in 1986 by Roy & Tillie Wood. Granddaughter, Neville, continues their legacy with organic gardening, pottery, yoga (free), & massage therapy. Directions: Turn East at Sugar Run Gap/Dirt Road. Take a left at fork on gravel road to Hostel. Open Seasonal. Pet friendly. Bunkhouse \$20/person: Wood Stove, mattresses, electricity, and hot shower. Camping \$12/person. Indoor rooms: \$30/person shared/\$60private (thru-hiker rate). Guests often invited to share local organic communal meals. Dinner \$14, breakfast \$8. Computer access, laundry, smoothies, cheese, home roast coffee, baked goods. Coleman fuel and alcohol by the ounce, fuel canisters. Shuttles and Slack Pack for fee. Mail drops for guests only/or \$5 fee: Woods Hole Hostel, 3696 Sugar Run Rd, Pearisburg, VA 24134.	N 37 15.353, W 80 51.328	1566.7
636.4	★★★★★	Intersects with Lane Street to US. 460.		1555.6
Pearisburg, VA (0.9E) (all major services). See map of Pearisburg.				
	(0.9E) Angels Rest Hiker's Haven 540-787-4076, Cell: 540-922-2178. Your host Doc Peppa et al (www.anglersresthikershaven.com) AT Passport location. \$12-\$65 pp a night. Tenting, Hammocking, Bunks and Private Rooms available. Laundry \$4, Day Passes \$7 (includes laundry, shower, and use of the many amenities until 6pm, then upgrade to a stay if you can't tear yourself away). Courtesy shuttle to and from local trail heads. Local Shuttles \$2-\$4. Shuttles between Damascus and Daleville, Va. (call for pricing) Slack Packing. Chiropractic and Acupuncture Services Available by appt. Well behaved canines \$5 for entire stay. WiFi available. New for 2019: "ChillaxInn", three bedroom ranch. Consists of two rooms with queen beds, a small single with a work station for bloggers, writers, and remote workers. Mail drops: 204 Douglas Ln. Pearisburg, VA 24134.			
	Holy Family Hostel Pat Muldoon 540-626-3337. Open Mar-Nov. No Pets, drugs or alcohol allowed. Volunteer caretaker on hand please don't call for a ride, no pickup. Donations are requested, suggested \$10PP, 2 night max. Hot shower, bath room, electric stove, micro-wave, fridge, pots ,pans & dishes. Clean Towels provided. Bed mats, tables & benches, library, tents allowed on grounds. Wood Stove for heating. Keep hostel clean and neat. Co-ed sleeping area.			
703.9	(3) ★★★★★	Cross VA. 624 , Newport Road, North Mountain Trail. Parking at Dragons Tooth Trail head on VA 311. See map of Catawba, VA. (0.3E) Four Pines Hostel Owner Joe Mitchell, cell: 540-309-8615. AT Passport location. Open year round. Hostel is a 3-bay garage with shower. Please leave a donation. Laundry \$3 wash and \$3 to dry. Pet friendly. Computer available, free Wifi. Shuttles to and from The Homeplace Restaurant (Th-Su) and to Catawba Grocery. Longer shuttles for a fee. Mail drops: 6164 Newport Rd. Catawba VA 24070.	N 37 22.778, W 80 09.355	1488.1
757.9	(15) ★★★★★	Intersects with VA. 614 and crosses Jennings Creek Road on bridge, Jennings Creek. See map of VA. 614. (1.2E) Middle Creek Campground 540-254-2550. (www.middlecreekcampground.com) AT Passport location. If walking off AT go east on 614 for (0.2), and then left 1 mile on 618. Thru hiker rates, Camping/hammocking \$15 per person, includes showers and pool or \$5.00 for just shower and pool use. Cabins begin at \$60, A/C, rec room with couches, outlets, movies. Night registration is available. Grill serves burgers, fries, milkshakes, nachos, wings, and more. Resupply, pouch meats, instant food, spices, oatmeal, tuna, denatured alcohol, fuel, beer. Laundry. Free WiFi. Call for free shuttle to and from trail head, phone signal strongest near parking area. Mail drops: 1164 Middle Creek Rd, Buchanan, VA 24066.	N 37 31.755, W 79 37.368	1434.1



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NoBo Mile	Features	Description	GPS Coords	SoBo Mile
786.7	▲ P(25) ♀ ★★★★★	Cross U.S. 501/VA. 130. See map of Glasgow, VA.	N 37 35.818, E 79 23.477	1405.3
Glasgow, VA 24555 (5.9W)				
	🏠 📍 📧	Stanimal's 328 Hostel & Shuttle Service Glasgow 540-480-8325. AdamStanley06@gmail.com (www.stanimals328.com) 📍 AT Passport location. Guests enjoy complimentary pickup and drop off from 501 James River trailhead, 📧 computer available for use, 📶 WiFi, 🧺 complimentary laundry services, 🚿 shower, clean linens and bunks with mattresses. Property is ultra clean and features 55" flat screen with Netflix. Pizza, drinks & ice cream plus snacks available for purchase at reasonable prices. Caretaker provides breakfast for \$6 and dinner for \$10. Full house available to hikers plus kitchen privileges. \$30/night plus private room options available for additional fee. 📄 Paid shuttles available. for guests and non-guests at lowest rates. No cell service at 501 trailhead. Guests can call ahead from ridge to arrange for pickup at 501. Owned and operated by Adam Stanley "STANIMAL" AT '04 PCT '10 📧 Mail drops free for guest, \$5 for non guests: 1131 Rockbridge Road, Glasgow, VA 24555.		
863.7	▲ P(15) 📶 📧 📍 ♀ ★★★★★	Cross U.S. 250, I-64 , Rockfish Gap.	N 38 01.866, W 78 51.541	1328.3
	▲ 📶 📧	YMCA 540 943-YMCA(9622). ▲ Free camping and 🚿 showers. Use of YMCA facilities for \$10. 📶 Free WiFi. Check-in at front desk, need photo ID.		
	🏠 📍 📧	Stanimal's 328 Hostel Waynesboro 540-290-4002 AdamStanley06@gmail.com (www.stanimals328.com) 📍 AT Passport location. 🏠 \$30 hiker only hostel includes pickup and return to trail, mattress with clean linens, shower with towel, soap, loaner clothes, 🧺 laundry. Private rooms available plus full kitchen privileges. Private area including sunroom and finished basement, 📧 laptop, 📶 WiFi and DVDs. Fridge, freezer and microwave. Snacks, drinks, and ice cream for sale. 📄 Discounted slackpacking for multi-night guests. Large property located downtown near grocery, restaurants, and fastfood. Please respect noise level. Hikers are required to call ahead and speak with owner prior to staying. Owned by Adam Stanley AT '04, PCT '10. 📧 Mail drops free for guest, \$5 for non guests: 1333 West Main Street, Waynesboro, VA 22980.		
	🏠 📍 📧	Grace Hiker Hostel - Supervised Lutheran Church Hostel 📍 AT Passport location. Open May 16-June 19, closed Su nights, 2-night limit. 20 hiker maximum. Please do not call the church office. 📶 No pets, smoking, drugs, alcohol, firearms or foul language. Donations gratefully accepted. Check-in 5 pm-8pm, check-out 9 am; hikers staying over may leave packs. Cots in air-conditioned Fellowship Hall, showers, 📧 internet, big-screen TV and DVD, hiker lounge with kitchenette, snacks and breakfast foods. 🧺 Laundry. 📶 Free WiFi. Congregation cooks free dinner Thursday nights followed by optional vespers service.		
967.7	Y ★★★★★	Compton Gap Horse Trail, Trail to Chester Gap. See Map of Terrapin Station Hostel.		1224.3
	🏠 📍 📧	(0.5E) Terrapin Station Hostel 540-539-0509. Owned by Mike Evans 📍 AT Passport location. Open Apr 30-July 1, 2018. 📶 No dogs. At concrete post in SNP the AT turns left. North bounders go straight and follow Compton Gap Trail (0.5) to paved road. On paved road the Hostel is first home on left. Enter in back through marked gate. Hikers only, picture ID required, 🏠 bunk only \$25, shower with soap and shampoo \$3, 🧺 laundry \$3. One night hiker special \$30 includes bunk, shower, laundry, pizza and soda. Two night hiker special \$50 also includes slackpack and 2nd night but not 2nd dinner. 📶 Free WiFi, charging stations, TV, library, music, room to chill. All visits include free town shuttle. 📄 Other shuttles for a fee. Reservations recommended. 📧 Mail drops for guests only: 304 Chester Gap Rd, Chester Gap, VA 22623.		
971.5	▲ P(10) ♀ ★★★★★	Cross U.S. 522.	N 38 52.679, W 78 09.033	1220.5
Front Royal, VA. (4.0W) (all major services) See map of Front Royal, VA.				
	🏠 📍 📧	Mountain Home "Cabbin" 540-692-6198. MountainHomeAT@gmail.com. 📍 AT Passport location. Lisa & Scott Jenkins Open year round, call/email ahead recommended, drop-ins are OK. Located; 120 steps east of AT, where it bends north from Route 522. Look for long stone wall on left and red brick "Cabbin" on the hill. 🏠 Sleeps 6-8. \$30PP includes bed, fresh linens, shower, breakfast, 📶 WiFi, some cell, hiker clothes, hiker box, boot dryers, town shuttle for meals and resupply. 🧺 \$5 laundry onsite. 🐕 Max 1 dog per night for \$5; outdoor kennel available for short day use. Pizza, ice cream, snacks & 📄 fuel for sale on site. All are welcome to lemonade, cookies, water from faucet on southwest corner of Cabbin. 📍 Parking \$3 per day for non-guests. 📄 Private rooms are offered in the historic Main House; call for rates and availability. 📧 Mail drops: 3471 Remount Rd., Front Royal, VA. 22630.		
1005.0	▲ Y 📶 📧 📍 ♀ ★★★★★	Bears Den Rocks with good views, (0.2E) Bears Den Hostel, tap water available.	Bears Den Hostel N 39 06.666, W 77 51.255	1187.0
	🏠 📍 📧	(0.2E) Bears Den Hostel 540-554-8708. (www.bearsdencenter.org) 📍 AT Passport location. Stone lodge, ATC owned and PATC operated. 🏠 Bunk \$20PP, ▲ tenting \$12PP includes full house privileges. Hiker Special: Bunk, laundry, pizza, soda and pint of Ben & Jerry's ice cream \$30PP. All stays include shower and self serve pancake breakfast. 🧺 Laundry, 📧 computer available for use, 📶 free WiFi. Hiker room with TV, shower, Internet and sodas, accessible all day by entering a mileage code at the hostel door. Upper lodge, kitchen, 📄 camp store and office open 5 am-9 pm daily. Check-out 9am. 📄 Slackpacking and 📄 shuttles may be available during summer months. 📍 Parking \$3 per day. Credit Cards accepted. 📧 Mail drops, picked up during office hours: Bears Den Hostel, 18393 Blue Ridge Mountain Rd, Bluemont, VA 20135		
1013.0	P(6) ♀ ★★★★★	Side trail leads (0.2) east to Blackburn Trail Center , water, tenting, privy. 26.3◀17.9◀11.0◀3.2▶18.8▶22.9	N 39 11.262, W 77 47.868	1179.0
	Y 🏠 📍 📧	(0.2E) Blackburn Trail Center 540-338-9028. 📍 AT Passport location. Open year round. The Center offers a hiker cabin with 🏠 four double bunks with a 📄 picnic pavilion; ▲ six tent sites and a tent platform are located below the hiker cabin. 📄 Water is available from an outside spigot and a solar shower is located on the lower lawn. On porch of main building are logbook, donation box, 📄 pay phone, and electrical outlets. (0.1E) Group campground with tent sites, picnic tables, and a privy is located on the north blue blaze trail. The Trail Center is owned and operated by the Potomac Appalachian Trail Club and is used to house trail crews, hold meetings, training seminars and retreats. A caretaker lives on site.		



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NoBo Mile	Features	Description	GPS Coords	SoBo Mile
1019.2	▲ P(12) ♀ ★★★★★	Cross W.VA. 9 , Keys Gap (2.0E) Stoney Brook Organic Farm 703-622-7526, 571-442-2834, 540-668-9067. † Offers Work for stay, meals, shower, laundry. † † † † † Market hours M-Th 6 AM-8 PM, F6 am-3 pm, Sa closed, Su 9 am-8 pm. Pickup and return from Bears Den, Blackburn Trail Center, Keys Gap, Harpers Ferry. Grocery and outfitter located nearby. ✉ Mail drops for guest only: 37091 Charles Town Pike Hillsboro, VA 20132	N 39 15.684, W 77 45.747	1172.8
1025.4	▲ P(15) ♀ ★★★★★	Shenandoah Street ; Harpers Ferry National Historical Park. Parking is available for up to two weeks at Harpers Ferry National Historical Park Visitor Center. You must register your vehicle with rangers at the visitors center or entrance station and pay a one-time \$6.00 entrance fee. Gates are sometimes locked at night. For more information, call (304) 535-6298.	N 39 18.952, W 77 45.411	1166.6
Harpers Ferry, WV. See map of Harpers Ferry, WV.				
	† † † † † (0.5W) Teahorse Hostel 304-535-6848. (www.teahorsehostel.com) ✉ AT Passport location. ⊕ No pets, alcohol or smoking. † Open for check-in 3pm-9pm. \$35 per bunk plus tax includes waffle breakfast. △ Laundry \$6. □ Computer available for use, ☉ WiFi. Visit their web site to reserve or check availability. 🚗 For shuttles call 304-506-2890. ✉ Mail drops for guests: 1312 W. Washington St., Harpers Ferry, WV 25425.			
	† † † † † The Town's Inn 304-702-1872 (mobile) or 932-0677. (www.thetownsin.com) 🛏 Private room \$110-\$210 up to 6 persons, one pet room. † Hostel walk-in only \$35PP. ✂ Dining available 6am-10pm daily year-round. 🛒 Shop stocked for hiker resupply. △ Laundry \$5. 🚗 Shuttles \$1/mile. Visa/MC accepted. No mail drops.			
1028.4	× ▲ P(8) ★★★★★	Cross Railroad tracks; Intersects with Keep Tryst Road .	N 39 19.785, W 77 40.928	1163.6
Knoxville, MD. (1.0W)				
	† † † † † Harpers Ferry Hostel 301-834-7652. (www.hiusa.org/hostels/maryland/knoxville/harpers-ferry) ✉ AT Passport location. P Open April 15-Nov 15 for individuals, year-round for groups. Check-in 5-10pm, check-out 10am. ID required for any stay. Beer and wine okay. No liquor. † Thru-hiker rate \$22.40 includes tax, shower, WiFi, linens, A/C and heat, free "make your own breakfast". △ Laundry \$4. ▲ Tenting \$10PP, pay extra \$5 for day use (inc. indoor access+ breakfast). ☉ WiFi and phone charging on front porch. Porta-potty, ☉ outdoor shower stalls, fire pits, outdoor brick oven, grill on lawn. Service dogs okay inside, otherwise dogs on leash allowed only if tenting. Store with hiker snacks inside and there is often free food indoors. Complimentary meals on Tu, Fr, & Sa. P Non-guest parking \$5 per day. ✉ Mail drops for guests: 19123 Sandy Hook Rd, Knoxville, MD 21758.			
1084.3	▲ ▲ † † † † † ▲ P(12) ♀ ★★★★★	Cross U.S. 30, Caledonia State Park, Snack Bar, Thaddeus Stevens Museum AT Passport location, at snack bar. Parking (0.6E), Overnight parking SW corner of US 30 & Pine Grove Rd, check-in at park HQ. Caledonia State Park now requests that those parking overnight at the parking area on Rt. 30 register at the park office. For more information, contact the park at 717-352-2161. AT Passport is located at the Snack Bar.	N 39 54.354, W 77 28.716	1107.7
	† † † † † (0.9W) Trail of Hope Outreach Ministries Hostel 717-360-1481, 717-352-2513. ✉ AT Passport location. † \$22 bunk or ▲ \$12 camping. △ Coin laundry, use of kitchen, resupply, ↓ white gas, denatured alcohol by the ounce, canister fuel. 🚗 Call for shuttles from Timbers. ✉ Mail drops: 7798 Lincoln Way East Fayetteville, PA 17222.			
1104.2	▲ † † † † † P(20) ♀ ★★★★★	Pine Grove Furnace State Park. Pine Grove Furnace State Park requires that hikers check in with the park office before leaving a vehicle in the park and that vehicles be left for no more than one week.	N 40 01.902, W 77 18.324	1087.8
Pine Grove Furnace State Park				
	† † † † † Ironmasters Mansion Hostel 717-486-4108. ironmasterspinegrove@gmail.com (www.ironmastersmansion.com) ✉ AT Passport location. Open Apr 1-Oct 31; sometimes closed for special events. Check-in, 5pm -9pm; closed 9am-5pm. Closed on Tuesdays. Call or email for reservations. † \$25PP; Dinner and breakfast are \$5 each. □ Computer available for use, ☉ free WiFi, △ laundry \$3. ✉ Mail drops: Ironmasters Hostel, 1212 Pine Grove Rd, Gardners, PA 17324.			
1259.5	▲ YP(3) ♀ ★★★★★	Cross PA. 145/248 .	N 40 46.873, W 75 36.521	932.5
Palmerton, PA 18071 (1.5W) See map of Palmerton, PA.				
	† † † † † Bert's Restaurant 610-826-9921. ✉ AT Passport location. M-T 7am-2pm, W-Th 7am-8pm, F-Sa 7am-8:30pm, Su 8am-8pm. ☉ WiFi in restaurant, † ask about overnight stay, ☉ shower \$5.			
1295.4	▲ ★★★★★	Intersection with PA. 611 and Delaware Ave. See map of Delaware Water Gap, PA. Church of the Mountain Hiker Center 862-268-1120, 570-476-0345, 570-992-3934. (www.churchofthemountain.org) ✉ AT Passport location. † Bunkroom, ☉ showers, ▲ overflow tenting. Donations encouraged. 2 night maximum. No laundry. There is a phone listing of people who can help posted in the hostel. Cars may not be parked on the property at any time. Mail drops are not accepted but the post office is next door.		896.6
1305.9	▲ P ★★★★★	Cross Camp Road . Just south of road crossing trail crosses Yards Creek water source and red blazed Coppermines Trail on west side of AT. AMC Mohican Outdoor Center (0.3W) Mohican Outdoor Center 908-362-5670. (www.outdoors.org/lodging/mohican) ✉ AT Passport location. † Thru-hiker rates \$30 PP bunk room includes electricity, showers, full kitchen and access to WiFi typically. ▲ Tenting with access to showers, bear boxes, and ☉ WiFi, \$10 PP, price subject to change, call ahead and inquire. Towel rental is \$3. ☉ Shower for non-guests are \$5 PP. Sheets and blankets available for rent at varying rates. 🐕 If you are hiking with a dog, please call ahead. Thru-hiker's dogs only allowed overnight. All legitimate ADA-compliant Service Dogs welcome anytime. Campfires only in designated areas. ▲ Water available at the lodge or at spigot near the garage across the street. ↓ IsoPro fuel canisters, Coleman and Alcohol fuel by the ounce as well as camp supplies, 🛒 Good-To-Go Dried Meals, trekking poles, rain gear, etc. ✂ The Mohican Outdoor Center Deli is open and we are ready to satiate your Hiker Hunger! We have sandwiches, ice cream, breakfast all day AND an exclusive Hiker Hunger menu with high calorie meal options, simply ask at the front desk. Welcome center and camp store hours April- October Su-Th 8am-7pm, F 8am-9pm, Sa 8am-8pm. Our off-season hours are Nov-Apr Su-Th 9am-5pm, F 9am-7pm, Sa 9am-6pm. After hours arrivals, please call ahead for lodging. ✉ Mail drops: c/o AMC Mohican Outdoor Center 50 Camp Mohican Rd, Blairstown, NJ 07825. Please include approximate date of arrival.		886.1



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NoBo Mile	Features	Description	GPS Coords	SoBo Mile
1492.3	▲ P(12) *****	Cross U.S. 7 (north end) , Warren Turnpike, Housatonic River Bridge. See map of Falls Village, CT.	N 41 55.957, W 73 21.806	699.7
1501.8	▲ P(4) *****	Cross CT. 41, Undermountain Road. Salisbury, CT. See map of Salisbury, CT.	N 41 59.647, W 73 25.593	690.2
Salisbury, CT 06068, CT See map of Salisbury, CT.				
	☞ ☞ ☞ ☞ ☞	Maria McCabe 860-435-0593 As of Dec 1017, Maria has had some setbacks and is not sure if she will be open for the 2018 season. Call in advance. ☞ Beds in home \$35PP includes shower, use of living room, shuttle to coin laundry, cash only. ☞ Mail drops for guests: 4 Grove, Street Salisbury, CT 06068.		
	☞ ☞ ☞ ☞ ☞	Vanessa Breton 860-435-9577, 860-671-9832. ☞ Beds in home \$40PP, pets \$5, ☞ laundry \$5. ☞ Shuttle range 100 miles. ☞ Mail drops for guests (fee for non-guests \$5). Street address is 7 The Lock Up Rd, but send mail drops to PO Box: PO Box 131, Salisbury, CT 06068.		
1522.8	▲ P *****	Cross U.S. 7		669.2
Sheffield, MA (3.0E)				
	☞ ☞ ☞ ☞ ☞	Jess Treat 860-248-5710. jessstrea@gmail.com ☞ \$40PP or \$55 shared bed, cash or paypal only. ▲ \$15PP tenting includes shower. Stay includes pickup and return; ask about resupply stop and mail drops. ☞ Shower, breakfast, ☞ free WiFi. Clean private home, not a party place, reservations needed. ☞ \$5 laundry, pets outside only. Convenience store and cafe and BBQ/Pizza restaurant in walking distance. ☞ Fee for shuttles.		
1571.2	▲ P *****	Junction of High Street with MA. 8 and MA. 9. Dalton, MA. See map of Dalton, MA.		620.8
	☞ ☞	Thomas Levardi , 83 Depot St., 413-684-3359, cell 413-212-9691. ☞ AT Passport location. ▲ Allows hikers to use a water spigot outside his home and provides the hospitality of his front porch and back yard for tenting (limited space, get permission first)		
1588.1	▲ P *****	Mt. Greylock summit, Summit Road , Bascom Lodge, War Memorial. Many parking spots.	N 42 38.235, W 73 09.956	603.9
	☞ ☞ ☞ ☞ ☞	Bascom Lodge on summit of Mt Greylock, 413-743-1591. (www.bascomlodge.net) No smoking. ☞ Private rooms \$125 and up, bunkroom \$40PP. ☞ Bunkroom includes use of shower and continental breakfast. ☞ Shower and towel without stay \$5, some snacks, ☞ restaurant serves breakfast, lunch and dinner, ☞ free WiFi. Open May 20-mid Oct 2017.		
1652.9	▲ P(26) *****	Cross VT. 11 & 30	N 43 12.414, W 72 58.242	539.1
Manchester Center, VT (5.4W) See map of Manchester, VT.				
	☞ ☞ ☞ ☞ ☞	Green Mountain House 330-388-6478. (www.greenmountainhouse.net) ☞ AT Passport location. ☞ Jeff & Regina Taussig host hikers at their home. Open Jun 7 - Sep 15. Not a party place, no alcohol. ☞ Space is limited so reservations are essential. \$35+tax per person. Clean bed with linens, ☞ shower, ☞ free laundry, ☞ computer available for use, ☞ free WiFi, well equipped hiker kitchen. Private room for couples. Free breakfast supplies; make your own pancakes, eggs, cereal, coffee. Hikers with reservations get a ride to town, resupply, then call for pick-up. Check-in from 1pm to 7pm. Free morning shuttle back to the trail for guests. Credit cards accepted. \$35+tax per person.		
1703.0	▲ P(24) *****	Cross U.S. 4. See map of Killington, VT.	N 43 39.969, W 72 50.920	489.0
Rutland, VT (8.5W from US 4 trail head) See map of Rutland, VT (north/south)				
	☞ ☞ ☞ ☞ ☞	Hikers Hostel at the Yellow Deli 802-683-9378, 802-775-9800. (www.hikershostel.org) ☞ AT Passport location. ☞ No alcohol, no smoking Run by a Twelve Tribes spiritual community. Donation or ☞ WFS. Kitchenette, ☞ coin laundry (\$1 wash \$1 dry). ☞ Free showers even without stay. ☞ Shuttles sometimes available by donation. ☞ Hostel open 24 hours. Stay includes breakfast and 15% off at ☞ deli and at Simon the Tanner ; Outfitter, M- Th 10am-5pm, F 10am-3pm. ☞ Mail drops: Hiker Hostel, 23 Center Street, Rutland, VT 05701.		
1755.7	▲ P *****	Cross Etna-Hanover Center Road , Etna, NH.	N 43 42.229, W 72 12.717	436.3
	☞ ☞ ☞ ☞ ☞	Tiggers Tree House 603-643-9213. ☞ AT Passport location. ☞ Private home; not a party place. No drive-ins. Advance notice ensures a place to stay. Call from trail head, Etna General Store (will let you use phone) or Dartmouth Outing Club for pickup. Pets allowed, donations accepted or buy laundry soap or ☞ work for stay. Rides to grocery store, Walmart, EMS.		



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NoBo Mile	Features	Description	GPS Coords	SoBo Mile
1793.1	P(20) ♀ ★★★★★	NH. 25 , Ford Oliverian Brook, ford, road bypass if high water.	N 43 59.392, W 71 53.959	398.9
NH 25 Glenciff, NH (0.25E)				
⚙️ ⚙️ ⚙️ ⚙️ Hikers Welcome Hostel 603-989-0040. Hikerswelcome@yahoo.com (www.hikerswelcome.com) Owned by Alyson, and John "Packrat" Robblee (AT'94, PCT'99, CDT'06) ⚙️ AT Passport location. Opens mid May to Oct 1. ⚙️ Bunk (\$30) and ⚙️ camping (\$18.50) includes shower. ⚙️ Shower only with towel \$3, ⚙️ laundry: \$3 wash, \$3 dry. Snacks, sodas, pizza, breakfast sandwiches, ice cream. All hikers (even non-guests) are welcome to hang out and enjoy huge DVD and music library, ⚙️ computer available for use, ⚙️ free WiFi. ⚙️ Coleman and alcohol fuel by the ounce. Tools to help with gear repair, and selection of used gear available, particularly winter wear. ⚙️ Slackpacking over Mt. Moosilauke, and other shuttles available based on mileage. ⚙️ Town shuttle free with stay (6 miles to resupply in Warren). ⚙️ Pet Friendly. ⚙️ Both guests and non-guests are welcome to send mail drops (USPS/FedEx/UPS): C/O Hikers Welcome Hostel, 1396 NH Rt 25, PO Box 25, Glenciff, NH 03238.				
1818.9	♂ ♀ ★★★★★	Pass under I-93, U.S. 3 (north side) , Franconia Notch, Pemigawasset River, Franconia Notch paved bike path east to Liberty Springs hiker parking and shuttle; and beyond to The Flume Visitor center; west to Lafayette Place campground.	N 44 05.992, W 71 40.938	373.1
North Woodstock, NH (4.8E) of Franconia Notch. See map of North Woodstock/Lincoln, NH.				
⚙️ ⚙️ ⚙️ ⚙️ The Notch Hostel 603-348-1483 (www.notchhostel.com) Reserve by website, text, or call. ⚙️ AT Passport location. Ideally situated for backpack between Kinsman & Franconia Notch. Bunk in large, white farmhouse on NH 112 (Lost River Rd). 1.0 W of North Woodstock, 2.0 W of Lincoln. ⚙️ \$33PP includes bunk, linens, towel, shower, ⚙️ group laundry service, coffee/tea, make-up-own pancakes, ⚙️ WiFi, ⚙️ computer, guest kitchen, fridge & large yard. Check-in 4-9pm, (earlier ok with text/call: follow welcome sheet if no one home). ⚙️ Shuttles run June 1 - Oct. 1, Su - Th for guests with reservations. Beer & wine OK in moderation. No liquor . Small store: ice cream, pizza, soda. Rental bikes \$5/day. ⚙️ Town and Trailhead shuttles depart from hostel 7AM and 6PM. Kinsman Notch (NH 112) Pickup +5min, Flume Visitors Center Pickup +25min, Town +40min. Additional mid-day shuttles are offered during busy season; guests with reservations may text for current schedule and to sign up for a shuttle. ⚙️ Maildrops: C/O The Notch Hostel, 324 Lost River Rd. North Woodstock, NH 03262.				
Lincoln, NH (5.8S of Franconia Notch) See map of North Woodstock/Lincoln, NH.				
⚙️ ⚙️ ⚙️ ⚙️ Chet's One Step at a Time 603-745-8196. ⚙️ AT Passport location. 197 Pollard Rd, Lincoln, NH 03251				
1846.6	P(10) ★★★★★	Cross U.S. 302 , Crawford Notch, Presidential Range. See previous entry for parking.		345.4
⚙️ ⚙️ ⚙️ ⚙️ (3.5W) AMC Highland Center 603-278-4453. (www.outdoors.org) ⚙️ No pets, no smoking. Rates in summer during tourist season and during holidays. ⚙️ Call ahead for prices. AMC members get a discount. AMC Shuttle stops daily mid-Jun thru Columbus Day, after this time it only stops on weekends and holidays. ⚙️ Restaurant serves breakfast, lunch and dinner. ⚙️ Store carries snacks, sodas, ⚙️ canister fuel and some clothing, ⚙️ WiFi. ⚙️ Mail drops (include ETA): Route 302, Bretton Woods, NH 03574.				
1857.7	♂ ♀ ★★★★★	AMC Lakes of the Clouds Hut, "The Dungeon" . AT Passport location.	N 44 15.528, W 71 19.137	334.3
⚙️ ⚙️ ⚙️ ⚙️ Paid lodging and work-for-stay. Also, "The Dungeon," a bunkroom available for 6 thru-hikers for \$10PP with access to hut restroom and the common area. When the hut is closed, The Dungeon serves as an emergency shelter.				
1872.6	P ♀ ★★★★★	Cross N.H. 16 , Pinkham Notch, Pinkham Notch Visitor center, AMC Joe Dodge Lodge. Many parking spots.	N 44 15.425, W 71 15.147	319.4
⚙️ ⚙️ ⚙️ ⚙️ Pinkham Notch Visitor Center & Joe Dodge Lodge 603-466-2721. (www.outdoors.org) Open year-round. ⚙️ No pets. Rates in summer during tourist season and during holidays. Check ahead for pricing and availability. Rates vary according to season. AMC members get a discount. ⚙️ Restrooms. ⚙️ Meals available to non guests; AYCE breakfast 6:30am-9am daily, food to order for lunch, family style dinner Sat-Thurs 6pm, Friday dinner buffet. ⚙️ Coin-op shower available 24 hours, ⚙️ coin laundry, \$2 towel rental. Vending machines. ⚙️ Coleman fuel and alcohol fuel by the ounce, canister fuel, ⚙️ free WiFi. Shuttle 7:30am daily. Accepts credit cards. ⚙️ Mail drops: AMC Visitor Center, C/O Front Desk, 361 Rte. 16, Gorham, NH 03581.				
1893.5	P(12) ♀ ★★★★★	Cross U.S. 2 (southern end) . See Map of Gorham, NH.	N 44 24.064, W 71 06.561	298.5
⚙️ ⚙️ ⚙️ ⚙️ Rattle River Lodge & Hostel 603-466-5049 (rattleriverhostel.com) Open year round. Online booking available. Located on the AT. ⚙️ Clean B&B style rooms, some private rooms starting at \$75 with fresh linens & towels. ⚙️ Thru hiker bunk rate \$35PP includes breakfast, ⚙️ laundry, loaner clothes, showers, ⚙️ fast WiFi, free resupply shuttle to Walmart. Sodas, ice cream, Mr. Pizza delivery available for guests & non-guests. ⚙️ Town shuttles for guests \$2. Free morning shuttle to Post Office and gas station at 8:30am. Bus pickup and drop off available. Late bus pickup fees may apply. ⚙️ Long distance shuttles avail \$2 mile one way. Section hike planning assistance. ⚙️ 21 Mile slackpack free with 2 night stay (Pinkham Notch to US 2). Pickup at Pinkham Notch available at 8am, noon, and 5pm for \$5PP, (\$20 for unscheduled pickup) based on availability. P Parking available for section hikers. Authorized Sierra Madre Research ham-mock outfitter. ⚙️ Mail drops free for guests and \$5 for nonguests. Label side of box with last name and eta. Mail: 592 State Route 2, Shelburne, NH 03581.				
⚙️ ⚙️ ⚙️ ⚙️ (1.7W) White Birches Camping Park 603-466-2022. (www.whitebirchescamping.com) ⚙️ AT Passport location. Open May-Oct. ⚙️ Bunks \$15, ⚙️ tent sites \$13PP, ⚙️ laundry, ⚙️ pool, air hockey, pool table, pets allowed, ⚙️ coleman, alcohol by the ounce and canister fuel, ⚙️ free WiFi. Free shuttle to and from trail head and town with stay. Credit cards accepted. ⚙️ Mail drops for guests (\$5 fee for non-guest): 218 US 2, Shelburne, NH 03581.				
Gorham, NH 03581 (3.5W from U.S. 2 Trail head). See map of Gorham, NH.				
⚙️ ⚙️ ⚙️ ⚙️ Libby House Inn & The Barn Hikers Hostel 603-466-2271. (www.libbyhouseinn.webs.com) ⚙️ AT Passport location. Open year-round. Serving the AT hikers for 36 years. ⚙️ No pets. ⚙️ Full and twin beds \$25, ⚙️ tenting \$15PP, ⚙️ B&B rooms available. Hot country breakfast available. Fast, free pickup and return to Route 2 trail head for guests. Fast pickup and return to Rte 2 with for guests. Shuttle from Pinkham Notch free with 2 night stay to facilitate ⚙️ slackpacking and ⚙️ Shuttle to Walmart can be arranged. Clean beds with linens, full kitchen with cookware and refrigerator, lounge with big screen TV, ⚙️ free WiFi. ⚙️ Laundry \$5. Visa MC accepted. ⚙️ Mail drops free for guests, \$15 fee for non-guests: 55 Main Street, Gorham, NH 03581.				
⚙️ ⚙️ ⚙️ ⚙️ Hiker's Paradise at Colonial Fort Inn 603-466-2732. (www.hikersparadise.com) ⚙️ AT Passport location. ⚙️ No pets. Bunks \$24 (includes tax) with linen, tub and shower, kitchen, ⚙️ free WiFi. Private rooms available. ⚙️ Coin laundry for guests. ⚙️ Coleman fuel and alcohol fuel by the ounce., ⚙️ WiFi. Free shuttle with stay to and from Route 2, ⚙️ other limited shuttles. Credit cards accepted. Smoking only on outside porch. No mail drops.				



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NoBo Mile	Features	Description	GPS Coords	SoBo Mile
1924.8	 ★★★★★	Cross ME. 26 , Grafton Notch.	N 44 35.388, W 70 56.806	267.2
Bethel, ME 04217 (17.9E) Directions: (12.2E) to Rt 2, right (5.7) miles on Rt 2.				
Chapman Inn 207-824-2657. (www.chapmaninn.com) Bunk space \$35 includes shower and full breakfast, \$25 without breakfast. Rooms \$69 and up, include breakfast. Kitchen privileges, \$6 laundry, free WiFi. Mail drops for guests: PO Box 1067, Bethel, ME 04217.				
1935.1	 ★★★★★	Junction with Cascade Trail. Cross East B Hill Road , not an ATC approved camping spot.	N 44 40.103, W 70 53.589	256.9
East B Hill Rd Andover, ME 04216 (8.0E). See map of Andover, ME.				
Pine Ellis Lodging 207-392-4161. (www.pineellislodging.com) AT Passport location. Host Ilene Trainor. No pets. Bunks \$25PP, private rooms \$45S, \$60D, \$75 triple. Stays include kitchen privileges, laundry and morning coffee, computer available to use, free WiFi. Trail head pickup for a fee, call in advance, slackpack Grafton Notch to Rangeley, and shuttles to nearby towns, airport and bus station. Multi-day slackpacking packages for groups. Resupply of trail snacks And meals, coleman fuel and denatured fuel by the ounce, canister fuel. Mail drops for guests: (USPS) PO Box 12 or (UPS) 20 Pine Street, Andover. ME 04216.				
(10.0E) The Cabin 207-392-1333. (www.thecabininmaine.com) Located (2.8) from Andover. AT Passport location. Alumni hikers welcome; by reservation only. Hiker kitchen, laundry, computer available for use, free WiFi.				
1971.6	 ★★★★★	Cross ME. Route 4 .	N 44 53.228, W 70 32.465	220.4
(0.3W) The Hiker Hut 207-897-8984, 207-670-8095. hikerhut@gmail.com. \$25PP includes bunk with mattress, pillows, shuttles into Rangeley. Extra meals \$7, laundry \$3. Private couples hut \$50. Quiet, restful sanctuary along the Sandy River. Massage therapist on hand. Shuttles and slackpacking available, small resupply shop with snacks and fuel. Mail drops: (\$5 non-guest fee): C/O Steve Lynch 2 Pine Rd. Sandy River Plantation, ME 04970.				
Rangeley, ME (9.0W). See map of Rangeley, ME.				
Fieldstone Cottages 207-670-5507 AT Passport location. No pets. New Location and name, same owners as the Farmhouse Inn. Located on the edge of town. Not a party location. Low density. Reservations requested. Catering to Slackpackers and Section hikers. Features Bunks in cabins for \$40PP, includes shower with towel and return to Route 4 trail head with stay. Nice new clean facility. Free Wifi. Private Cabin rentals available. Rides back to trail head without stay \$10PP depending on availability. Parking available. Mail drops accepted for reservation guests only: 2342 Main St. Rangeley, Maine, 04970. \$5 per package for non staying guests.				
2003.8	 ★★★★★	Cross ME. 27 .	N 45 06.137, W 70 21.351	188.2
Stratton, ME 04982 (5.0W)				
Stratton Motel 207-246-4171 (www.strattonmotel.com) AT Passport location \$35 bunk. \$80 private room. Shuttle from trail head \$5PP (when available). Same owners as the former Farmhouse Inn of Rangeley (now known as Field-Stone Cottages). Free Wifi. Parking available. Shuttle range Gorham NH to Monson and to airports, train, bus, and rental car hubs in Portland, Bangor, Farmington, Augusta, and Waterville. Mail Drops: PO Box 284, Stratton, ME, 04982; Fedex & UPS 162 Main St. Stratton, ME, 04982.				
2040.8	 ★★★★★	Cross U.S. 201 .	N 45 14.301, W 69 59.769	151.2
US 201 Caratunk, ME (0.3E)				
Caratunk House (150 yds from AT) 207-672-4349. AT Passport location. Open 1 June and closed 30 Sept. A full service hiker B&B with a resupply store, "One Braid's" family style breakfasts. Ask about shuttles. Mail drops: 218 Main St Caratunk Maine 04925 or PO Box 98.				
(1.4E) The Sterling Inn 207-672-3333. maineskeptsecret@yahoo.com (www.mainersterlinginn.com/AT-hikers) Open year-round. AT Passport location. Free laundry, shower, Wi-Fi, recharge, telephone & mail drops for guests and non-guests. Complete resupply, shuttle to/from the trail and PO (call from courtesy phone for pick-up). Rooms and bunks from \$25 per person include breakfast, free shuttle to nearby restaurants and convenience store (alcohol; tobacco). Shuttle to locations throughout Maine can be arranged. Multi-night discount, pets welcome. Caratunk Country Store , located inside the Sterling House. resupply has everything a hiker needs, including fuel by the ounce, canister fuel, batteries, candy bars, ice cream, cold drinks, cook yourself options and more. Free shuttle to and from trail head, Post Office and nearby restaurants with stay. Credit and debit cards accepted. Physical address: 1041 Route 201. Mail drops: PO Box 129, Caratunk Maine 04925. Coordinates: N 45 13.146, W 69 59.253				
The Forks, ME (2.0W)				
(2.0W) Northern Outdoors 207-663-4466. (www.northernoutdoors.com) No pets in campground, lodge rooms, logdominiums or the main lodge. Pets are only allowed in free standing cabins. Hikers welcome, free shuttle, use of resort facilities with or without stay; hikers receive 30% lodging discount; prices vary, call for rates. Coin laundry, giant hot tub, wimming pool, free WiFi, ATM, food & craft beer in Kennebec River Brewpub. Mail drops: C/O Northern Outdoors, 1771 Route 201, The Forks, ME 04985. Please provide date of anticipated arrival				
(4.0W) Three Rivers Trading Post 207-663-2104. (www.threeriverswhitewater.com) Bunks, tenting and restaurant open May-mid Sept. Store open year-round carries variety of packaged food, beer & wine. Bunk \$25PP, tenting \$12PP, free WiFi, ATM. Rafting trips by reservation. Boatman's Bar & Grill open M-Su 4pm-1am. Mail drops: 2265 US Route 201, The Forks, ME 04985.				



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NoBo Mile	Features	Description	GPS Coords	SoBo Mile
2077.5	▲ P(20) ♀ ★★★★★	Cross ME. 15.	N 45 19.866, W 69 32.125	114.5
Monson, ME (3.6E). See map of Monson, ME.				
	🏠 🏠 ▲ ⚡	Shaw's Lodging 207-997-3597. shawshikerhostel@gmail.com (www.shawshikerhostel.com)		
	✂ ⚡ ⚡ ⚡	⚡ AT Passport location. Open Mid-May through Oct.		
	🏠 🏠 🏠	🏠 Bunks \$25, 🏠 private room \$50S \$60D, ▲ \$12 tenting. Free pickup and return at Pleasant Street and Route 6 trail heads with stay. \$9 breakfast, ⚡ \$5 laundry, ⚡ \$5 shower without stay and towel, 🖨 computer available for use, 📶 free WiFi. Food drops. Licensed and insured 🏠 slackpacking and 🚗 shuttles for all over Maine. Gear supplies include 📦 Coleman and alcohol fuel by the ounce, canister fuel, Aquamira, 📦 freeze dried and packaged food. Gear repair and shakedown available. Credit cards accepted. 📧 Mail drops for guests (nonguests \$5): PO Box 72 or 17 Pleasant St, Monson, ME 04464.		
	🏠 🏠 ⚡ 🏠	Lakeshore House Lodging & Pub 207-997-7069, 207-343-5033. (www.thelakeshorehouse.com)		
	✂ ⚡ ⚡ ⚡	⚡ AT Passport location. 🏠 Bunkroom \$25PP cash or \$32.40PP with credit card. 🏠 Private rooms \$45S/\$60D w/shared bath. Microwaves, fridge, coffee maker available for hiker. 🏠 Ask about work for stay. Well behaved dogs okay. Reservations appreciated, packs out by 10:30am; full check-out/vacate by noon please, unless otherwise arranged. Free pickup and return from route 6 trail head for guests only, only till 11am for return, loaner clothing, 🖨 loaner laptop available for use, 📶 free WiFi, 🚣 kayaks, 🚣 paddleboat, 🏊 swimming, 🏠 ATM. ⚡ Laundry \$5 and 🚿 shower \$5 available to non-guests. Pub hours: M closed, Tu-Sa 12pm-9pm, Su 12pm-9pm, bar open later. House quiet by 10pm and NO BINGE DRINKING, social drinking okay. Shaw's guests welcome for breakfast. Accepts credit cards. 🚗 Parking \$1 per day. 📧 Mail drops for guests (non-guests \$5): PO Box 215, C/O Lakeshore House, Monson, ME 04464 or UPS/FedEx (no Sat delivery): 9 Tenney Hill Rd.		
2146.5	Y ★★★★★	Cross Mahar Tote Logging Road, Blue-blazed trail 0.2E White House Landing pickup.		45.5
	🏠 🏠 ⚡ ✂	White House Landing 207-745-5116. Open May 15. ⚡ AT Passport location. Reservation recommended but not required. 1 night minimum for pickup and return to trail head area, arrival dates flexible. 🏠 Bunk \$35PP, semi-private \$45S, \$85D. 🚿 Shower, towel, pillow case included; linens extra. AYCE breakfast. ✂ Dinner menu includes burgers, pizza and more. Can charge cell phones for a fee. 🚣 Free use of canoes. Credit cards accepted. 📧 Mail drops for guests only: PO Box 1, Millinocket, ME 04462. Allow 10 days for drop to PO box.		
2176.9	🏠 🏠 P ♀ ★★★★★	Parking area located between Abol Bridge and trail head. Many many parking spots. Cross Abol Bridge over West Branch of Penobscot River, junction with International A.T., Abol Bridge campground and Store Millinocket, ME. (19.6E).	N 45 50.112, W 68 58.158	15.1
Millinocket, ME 04462 (19.6E) from Abol Bridge. See map of Millinocket, ME.				
	🏠 🏠 🏠 ⚡	The Appalachian Trail Lodge 207-723-4321. (www.appalachiantrailodge.com)		
	🏠 🏠 🏠	⚡ AT Passport location. 🏠 No pets. 🏠 Bunkroom \$25, private room \$55, family suite \$95D \$10EAP. 🚿 Showers for non-guests \$5. ⚡ Coin laundry. 🖨 Computer available for use, 📶 free WiFi. Free daily shuttle from Baxter State Park from Sept 1-Oct 24, between 3:30pm-4:30pm. 🚗 Licensed and insured shuttle service for hire to and from bus in Medway, into 100-Mile Wilderness or Monson, food drops. 🏠 Slackpack in 100-Mile Wilderness, other shuttles by arrangement, P free parking. Southbound special: pickup in Medway, bed in bunkroom, breakfast at AT Cafe, and shuttle to Katahdin Stream Campground. \$70 per person, by reservation. 📧 Mail drops for guests only: 33 Penobscot Avenue, Millinocket, ME 04462. 🏠 Ole Man's Gear Shop Full line of gear; ULA & Hyperlite packs, bags, fuel, stoves, poles. No clothing or shoes.		



2019 Appalachian Hostel listing

This is a listing of Appalachian Trail Hostels

See Legend on page 13

Courtesy of WhiteBlaze Pages ©, A Complete Appalachian Trail Guidebook. www.whiteblazepages.com.

Icons Descriptions

- ★ ★ ★ ★ ★ See notes and establishments listed below this entry.
- 💧 Source of drinking water. Water is always listed first
- ♾ Seasonal water source, not always reliable (unreliable)
- Y Intersection, junction, side trail, connecting trail or adjoining trail.
- ⌒ Footbridge or any other bridge
- ⚡ Power line or electrical wires
- ☞ Possibilities for hammocks available. In some cases you may have to expand up to 100 feet beyond the area to find trees but you can hang. Availability of hanging also depends on the growth of the underbrush. When using a hammock, please use LNT procedures.
- ⛑ (x) Tent sites, may sometimes be listed with (capacity) or tent platforms
- 🏠 (x) AT Shelter and (capacity)
- 🚽 Privy
- 🐻 Bear cables or bear box available for food bags
- 📶 ●●● Cell phone signal strength, based on a nice clear day.
- 💰 Overnight/caretaker fee. On town maps it represents a bank.
- ⚓ Summit or crest
- ↔ Direction and miles to next shelter South or North. This does not include the mileage distance the shelter is off the trail.
- 📷 Views, overlooks or photo opportunities
- 🏰 Lookout, fire tower or observation tower
- 🌊 Water falls
- 🎡 Attractions, important or historical features, other photo opportunities
- 🛣 Road, gravel road, logging road, woods road, or any other road
- P (x) Parking. Vehicle capacity, and fee inside parenthesis. If there is a fee there will be a "\$". Coordinates should get you within eyesight of parking area. Always check ahead for parking safety.
- 📍 GPS coordinates are listed in the GPS column or in the description
- 🚂 Railroad crossing, tracks
- 🏊 Swimming possibilities
- 🍷 Picnic Table or picnic area
- 🗑 Trash can usually available
- 🚤 Boating or boats available for use
- 📧 Post Office
- 🏠 Hostel
- 🏠 Lodging. Do not depend on the prices to include tax.
- 📍 AT Passport location. Get your book stamp here. (www.atpassport.com). When icon is on maps, it refers to the Appalachian Trail.
- 🚫 No Pets
- 👷 Work For Stay (WFS)
- 🔥 Fuel for stove
- 🧺 Laundry
- 💻 Computer available for use
- 📶 WiFi available
- 🚿 Shower available to use with out stay
- 🎒 Slackpacking may be available
- 🚌 Shuttle, Bus or Taxi
- ✉ Mail drop location
- 🏧 ATM
- 🛒 Long term resupply
- 🛒 Short term resupply
- 🍴 Anywhere that serves food for a fee
- ☎ Pay phone or public phone
- 👤 Outfitter
- 🔧 Hardware store
- 🚻 Public Restroom
- 🏪 Pharmacy
- 🏥 First Aid, doctor, hospital or urgent care
- 🐕 Vet or Kennel. When listed in descriptions it refers notes about dogs
- ✂ Barber
- 📍 Information Area
- 🍷 Purchase or serves alcohol
- 🎬 Movie Theater
- Not categorized
- ✈ Airport or airfield
- 🚌 Bus or bus station
- 🚉 Train or train station