

2022 Appalachian Trail, Hostels

Updated: 13 December 2021

Miles and letter listed in front of the name indicates miles and direction from the Appalachian Trail.

(3.0E) would mean it is 3.0 miles east of the AT. See Legend on page 10.



Courtesy of WhiteBlaze Pages ©, A Complete Appalachian Trail Guidebook. www.whiteblazepages.com.

NoBo Mile	Features	Description
150.5	🏠 🚿 📶 🚰 🚻 🚰	(3.2E) Cabin in the Woods Craig 980-406-6446 or Eileen 224-420-0273. (www.thecabinsinthewoods.com) \$25 pp Hiker Lodging includes ride to/from Stecoah Gap, indoor shower, bathroom, satellite TV and Wifi. Private cabins available, but are often booked - reserve early. Fee resupply to Robbinsville available. Offers for fee shuttle range from Amicalola to Hot Springs and Knoxville to Asheville. Breakfast options. Laundry service available for hikers. Call for availability. [35.37696,-83.70186] Mail drops for guests only. 386 W. Stecoah Hts., Robbinsville, NC 28771.
158.3	🏠 🚿 📶 🚰 🚻 🚰	(3.1 E) The Hike Inn 828-479-3677. hikeinn@graham.main.nc.us. Open Mar thru Oct. A hikers-only motel and shuttle service run by Nancy Hoch since 1993, now joined by 2014 AT thru hiker Tom "High Loon" Barrett. May close periodically Nov thru Feb, so please call well ahead during those months. Hostel style atmosphere. Private room w/bath, tv, wifi, fridge, microwave & coffee maker: \$55 (2 person max). Laundry \$5. Thru & long distance hiker package (incl laundry, dinner/resupply trip to Robbinsville & p/u & d/o at Stecoah Gap, Yellow Creek Gap or Fontana Dam): \$75PP, \$50PP if 2 in room. Free slack-packing between Stecoah Gap, Yellow Creek Gap and Fontana Dam w/2 night stay. Free parking for section hikers w/stay & shuttle. Free printing of Smokies permit for guests. See The Hike Inn Shuttles for shuttles at NOBO mile 165.9. Free mail drops for guests: 3204 Fontana Rd., Fontana Dam, NC 28733. Shuttles between Atlanta & Damascus. [35.41578,-83.72500]
241.0	🏠 🚿 📶 🚰 🚻 🚰	(9.0W) The Discerning Hiker 423-721-5278. discerninghiker@gmail.com (www.discerninghiker.com) Opens for reservations on January 1, 2021. Reservations recommended. \$50 Cabin sleeps 4 (Max 2 nights), includes full kitchen and laundry, shower. Hammocking available. Will stop in town for resupply after picking up or returning hikers to Davenport Gap. Shuttles to and from Davenport Gap with stay. Mail drops for guests: 4319 Ground Hog Rd, Crosby, TN. 37722. [35.79560,-83.19188]
241.5	🏠 🚿 📶 🚰 🚻 🚰	(0.1W) Standing Bear Farm 423-487-0014 (call) or 423-608-0149 (call or text). AT Passport location. Open year round. Bunk \$25, tenting \$15 per person. Community Cabin \$35, Tree-house or Creek-house \$75 per couple. Resupply items available. Also has meals for purchase to cook. Canister, Coleman and alcohol fuels. Can hand wash laundry, electric dryer. Free Wifi. Shuttles anywhere. Kennel service, dog shuttles around Smokies \$250. Parking. Mail drops for guests free (non guest \$3 per package): 4255 Green Corner Rd, Hartford, TN 37753. [35.78615,-83.10180]
268.3	🏠 🚿 📶 🚰 🚻 🚰	(1.8W) Happy Gnomads Hiker House 865-256-2654, 828-206-2074. happygnomadsnc@gmail.com (www.facebook.com/HappyGnomadsHikerHouse) Run by thru hikers Jumanji and Sunshine. {6} bunks \$20, {3} private rooms \$50. Shower. Laundry, loaner clothes available. Shared living room and kitchen stocked full of soda, beer, pizza, and snacks. Call from Garenflo Gap for pickup. 6130 NC-209, Hot Springs, NC 28743. [35.838451,-82.855828]
274.5	🏠 🚿 📶 🚰 🚻 🚰	Hostel at Laughing Heart Lodge 828-206-8487 laughingheartlodge@gmail.com (www.laughingheartlodge.com) Pet friendly. AT Passport location. Open year round. \$30 bunks, \$40 single private, \$55 double private (one full size bed). Linens provided in private rooms only. Tenting \$15 per person, \$20 for two in one tent. All guests have access to a common kitchen, morning coffee/tea, WIFI & and showers with towel provided. Quiet hours observed from 10pm to 7am. Laundry \$5 includes soap. Shower only \$5. Lodge rooms may be available for \$145 & up and include continental breakfast, must call to reserve at 828-622-0165. Mail drops: 289 NW Hwy 25/70, Hot Springs, NC 28743 [35.89003,-82.83270]
274.9	🏠 🚿 📶 🚰 🚻 🚰	Elmers Sunnybank Inn 828-622-7206. (www.sunnybankretreatassociation.org) AT Passport location. Open year round. No Pets. No Smoking. Located across from Dollar General. Traditional thru-hikers \$30 per person for private room, includes linens, towel and shower. Breakfast and dinner available by reservation; gourmet organic vegetarian meals. Inn offers an extensive library and a well-equipped music room. WIFI available. Work exchange possible. Shuttle service available. Does not take Credit Cards. Call ahead for lodging. Must have a reservation prior to arrival. Mail drops for guests: PO Box 233, Hot Springs, NC 28743. FEDX drops: 26 Walnut St., Hot Springs, NC 28743. [35.89124,-82.82979]
274.9	🏠 🚿 📶 🚰 🚻 🚰	Appalachian Trail-er Bunkhouse 828-713-5451 (www.blueridgehikingco.com) Bunkhouse {10} \$40-\$60 PP. Prefer reservations but occasionally take walk-ups based on availability. Gear rentals, shuttle services, and some handpicked selection of ultralight gear available. Guided hikes available. [35.88977,-82.83169]
291.2	🏠 🚿 📶 🚰 🚻 🚰	(0.7W) Hemlock Hollow Inn 423-787-1736. hemlockhollowinn@gmail.com (www.hemlockhollowinn.com) Owners Russ and Dianna Rosa. AT Passport location. Closed during the winter (October 25th-March 25th). West on Log Cabin Dr. to paved Viking Mountain Rd. Bunkroom \$27PP with linens, \$22 without. Cabin for couples with linens \$60. All rooms heated. Tent site \$15 per person. Pets fee \$5. All stays include shower. Non-guest shower and towel for \$5. Camp store stocked with long term resupply, some gear, cold drinks, foods, fruit, stove fuels. Ask about shuttles. Parking free for guests, fee for non-guests. Credit cards accepted. Mail drops free if you stay, \$5 without staying. Mail drops (ETA mandatory): 645 Chandler Circle, Greeneville, TN 37743. [36.00356,-82.78157]
311.7	🏠 🚿 📶 🚰 🚻 🚰	(0.2W) Laurel Hostel 423-270-1320. timmytwotoke@gmail.com. Open year round. Pet friendly. Bunks \$20, includes shower. Shower with out stay \$5. Laundry, hiker food, shuttles to Erwin, Sams Gap, and Spivary Gap. Located at 105 Iva Ln, Flag Pond. [36.007112,-82.60516]
319.7	🏠 🚿 📶 🚰 🚻 🚰	(2.7W) Natures Inn Hostel 828-216-1611. AT Passport location. Pets allowed but they must be leashed when on property. Two bunkhouses, both have electricity, twin mattress, bed linens for extra fee, heaters available for rent for extra fee, covered outdoor space between the two buildings. Cabins, 2 People, EAP for a fee up to a total of 4, electricity, queen and twin bed with mattress, bed linens for extra fee, heaters are available for rent for extra fee, fire ring (firewood for sale), picnic table, charcoal grill (charcoal for sale). Bath house; bath towels, soap and shampoo included with stay. Private rooms available in house ask for prices, 2 queen beds, 1 king beds. Tenting, includes shower for a price. 4 hammock spots (in ground poles) for a price, includes shower. Free WiFi. Laundry facilities on site, for a fee, includes laundry powder. Showers; with out stay for a fee, if shuttle to and from trail head needed there is a fee. Small resupply store for Hiker food stuffs and we offer pizza, soft drinks, hamburgers, hot dogs, some fuels etc. Shuttle: to and from trail head at Sams Gap, free with stay. To and from Devil's Fork trail head, ask for pricing. Slackpacking: available, negotiated pricing dependent upon, where, when, etc. Parking: No charge with stay, priced per day with out stay. We accept CC and cash. Reservations recommended. All reservations must provide CC to reserve or pay in advance. Full refund if cancelled 7 days prior to reservation, 50% refund if cancelled during 6 days up to check in date. Mail Drops: 4871 Old Asheville Highway, Flag Pond, TN 37657 [35.97569,-82.55517]
319.7	🏠 🚿 📶 🚰 🚻 🚰	(6.6E) Mother Marian's Hostel 828-680-9944 (Marian Smartt), 828-231-2736 (Fred). Limited to 4 to 6 hikers. Bunks \$25, includes pillow and sheets. Shower \$5. Laundry \$5. Dogs \$15. Resupply available. Free WiFi. Pickup and return to Big Bald or Sams Gap. Ask about other shuttles. [35.96336,-82.51471]
344.3	🏠 🚿 📶 🚰 🚻 🚰	Uncle Johnny's Nolicucky Hostel and Outfitters 423-735-0548. (www.unclejohnnys.net) AT Passport location. Open year round. Pet friendly. \$22.50 per person per bunk. Private cabins range from \$40-\$95, includes heat, A/C, fridge, microwave, and linens. Camping \$15 per person. Included with stay are showers, shampoo, conditioner, and soap. Covered hammock hostel with hanging gear and electricity is \$15 pp per day. Work for Stay possible, just ask. Coleman and alcohol by the ounce. Laundry \$5. Full resupply. Computer available for use, free Wifi. Outfitters store carries water filtration systems and filters, headlamps and lots more hiker gear. Bike, kayak and raft rentals. Shower without stay \$5, includes soap and towel. Accepts Mastercard, Visa. Parking available for guest. \$2/day. Parking fees for non-guests - \$3.00 per vehicle per day. Free town shuttles for guests, shuttle runs for breakfast, lunch and dinner. Longer shuttles for a fee. [36.105680,-82.448515] Mail drops: 151 River Rd, Erwin, TN 37650.
368.6	🏠 🚿 📶 🚰 🚻 🚰	(0.6E) Greasy Creek Friendly 828-688-9948. greasycreekfriendly@gmail.com (www.greasycreekfriendly.com) Pets okay outside. AT Passport location. Open year round, except during Trail Days. Call ahead during Dec-Feb, self-serve during the Sabbath (sundown Friday to sundown Saturday). There is a shed where guests can stay with their pets called the Pup Shed for \$15, includes dog. Bunk house or bed on porch \$15 per person (8 bunks available). Indoor beds \$20 per person (3 single beds available). Tenting \$7.50 per person, stay includes shower. Shower without stay \$3. Laundry done by owner in the evening for staying guests only, \$2 to \$6 depending on the load size. Limited kitchen privileges. Free WiFi. Home-cooked meals. Resupply options include multi-day resupply including snacks, meals, and microwaveable entrees. Coleman and alcohol fuel by the ounce. There are shuttles available from Hot Springs, NC to Damascus, VA and all trailheads and trail towns in between. Call or email to inquire about availability and pricing. Free long distance calls within US. Parking \$2 per night. Credit cards accepted. Directions; from Greasy Creek Gap; take old woods road Trail east, follow flags on branches and painted arrows downhill. You should be going downhill all the way. Hostel is first house to your right with gravel path, follow gravel path past bunk house to main house back door to check in. Mail drops: 1827 Greasy Creek Rd, Bakersville, NC 28705. [36.139059,-82.189020]

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NoBo Mile	Features	Description
470.7	🐾🐕🐶🐱🐹🐷🐽🐘🐙🐛🐜🐝🐞🐟🐠🐡🐢🐣🐤🐥🐦🐧🐨🐩🐪🐫🐬🐭🐮🐯🐰🐹🐺🐻🐼🐾🐕🐶🐱🐹🐺🐻🐼	The Broken Fiddle Hostel Contact: Treehouse 276-608-1055 . ***No calls before 9am *** 🐾 Pet friendly, but must book a private room, no exceptions. Located on the AT. 🏠 Bunks \$40. 🛏 Private rooms \$75 up to 3 people, \$10 per each additional person. 🚿 Laundry and shower included with in house stay. 🚶 Walk in laundry and shower are \$5 each. 🚗🚚 Shuttles and slackpacking options. Loaner clothes available. Each bunk has its own ⚡ electric outlet and shelf for your electronics. 🚿 Outdoor shower and sink area with hot water, in addition to an inside 🚿 bathroom. Fully equipped kitchen for cooking meals. Free coffee in the morning (make it yourself). Fire pit, 🛖 hammock hangout spot, extensive movie collection, huge outdoor movie screen, dart board, giant jenga, hiker box, alcohol and 420 friendly, big fenced in backyard with the best porch around. If you want a chill stay, this is the spot! Check in 12pm, out of bunks by 11am. Cash, card, and Venmo accepted. *Due to postal complications, we no longer accept mail drops. You can send them to the post office or any of the outfitters in town.* 📍 [36.63414,-81.78350]
470.7	🏠🚿🚶🚗🚚🐾🐕🐶🐱🐹🐺🐻🐼	The Place Hostel 276-206-0440 (www.facebook.com/theplacehostel) 🏠 AT Passport location. 🚿 No pets, alcohol, profanity or tobacco use anywhere on the church property. Methodist Church run 🏠 bunkrooms, 🛖 hammock polls, pavilion, 🚿 guest only showers with towel and soap, 📶 Wi-Fi. Suggested donation \$10. Please help Caretaker keep the hostel clean. Two night max, unless sick/injured. Check-in from 3-9 pm. Open mid-Mar (depending on weather) until mid-June, closed Summer, reopen weekend after Labor Day until mid-Nov (depending on whether). No vehicle-assisted hikers (except during Trail Days). 📍 [36.63381,-81.78740]
470.7	🏠🚿🚶🚗🚚🐾🐕🐶🐱🐹🐺🐻🐼	Crazy Larry's Hostel 276-475-7130 . 🏠 AT Passport location. Hostel \$60+tax, sleeps 6, includes 🚿 laundry, breakfast, and morning coffee. Hostel has A/C and heat. Free 📶 Wi-Fi. 🚗 Shuttles: Recoomnds Barb or Lone Wolf. See shuttles at bottom of town listing. 📍 Mail drops: 209 Douglas Drive, Damascus, VA 24236. 📍 [36.63259,-81.78362]
470.7	🏠🚿🚶🚗🚚🐾🐕🐶🐱🐹🐺🐻🐼	Outdoors Inn at Crazy Larry's 276-475-7130 . 227 Douglas Dr. Damascus, VA. 24236 Credit Cards accepted/Reservations preferred but walk-ins are welcomed. Inn has 4 private rooms and three bathrooms, laundry room, fully stocked kitchen, dining area, two televisions, satellite TV. HVAC. 1 pullout couch/bed available. \$100 room per bathroom. \$90 room per shared bathroom. 📍 [36.63224,-81.78367]
470.7	🏠🚿🚶🚗🚚🐾🐕🐶🐱🐹🐺🐻🐼	Song Peddler Rest 276-475-5888 . Open year around. 🏠 Bed with linens \$35-45 plus tax. 🛏 Private cabin \$75 \$125D. 🍳 Hot breakfast with stay. 🚿 Laundry \$5. Common area, large yard. Pavilion with gas grill. 📶 Free Wi-Fi. 🐾 Dogs welcome. Cold drinks and snacks. Free shuttle to Food City. 🚗 Other shuttles by arrangement. No drugs or alcohol. Credit card online booking preferred . Physical address 533 Docie St. 📍 Mail drops to: PO 555, Damascus VA. 24236. 📍 [36.63591,-81.79355]
470.7	🏠🚿🚶🚗🚚🐾🐕🐶🐱🐹🐺🐻🐼	Appalachian Folk School 423-341-1843 . (www.warren Doyle.com) Open on these dates Mar 22-Apr 7, May 7-May 31, Jul 5-Sep 23, Sep 20-Oct 24. Nonprofit, run by Warren Doyle (18 AT traverses) 🏠 offers work for stay weeknights (M-Th) only (2-3 hrs/night) for all hikers who are conscientiously following the white blazes. Kitchen privileges, 🚿 shower, 📶 free WiFi, 🚿 laundry and 🚗 rides to and from the AT between Route 321 (Hampton, TN) and VA 603 (Fox Creek). 📍 [36.51378,-81.77751]
470.7	🏠🚿🚶🚗🚚🐾🐕🐶🐱🐹🐺🐻🐼	Lady Di's Bed & Breakfast 612-695-4738 📧 Tinney55@msn.com (www.ladydibnb.com) Call or text to inquire about reservation. Please reserve at least 24 hours in advance. 🏠 Shared rooms/single bed \$50. 🛏 Private rooms: \$125 and up. Two-night minimum on private rooms. 🍳 Hot breakfast included. 📶 Free Wi-Fi. \$ PayPal, Venmo, Google Pay and Cash accepted. 📶 Parking for guests only 📍 Mail drops for guests only: 217 Damascus Drive, Damascus VA. 📍 [36.63568,-81.78413]
520.2	🏠🚿🚶🚗🚚🐾🐕🐶🐱🐹🐺🐻🐼	(2.6E) Troutdale Church Hostel 276-677-4092 . 🏠 AT Passport location. Open Mar 15 thru Nov 15. 62 Sapphire Lane, Troutdale. Donations are appreciated. 🏠 Bunkhouse with microwave, 🏠 tenting, 🚿 shower available. Pets stay outside, no alcohol. Hikers welcome to services in hiker attire. Pastor Ken Riggins. No mail drops to here. 📍 [36.70123,-81.44260]
546.0	🏠🚿🚶🚗🚚🐾🐕🐶🐱🐹🐺🐻🐼	(0.3W) Long Neck Lair 276-698-2079 (www.longnecklair.com) 🐾 Pet friendly, must be on leash and picked up after. Bunkhouse on an alpaca farm. 🏠 \$35 bunk. 🛏 Private and semi-private rooms available. 🚿 Laundry. 📶 Free Wi-Fi. Continental breakfast included with stay. 📶 Parking available. 🚗 Shuttles. You can meet alpacas. Call ahead. 📍 Mail drops: 7530 Lee Hwy, Rural Retreat, VA 24368. 📍 [36.88652,-81.36568]
555.8	🏠🚿🚶🚗🚚🐾🐕🐶🐱🐹🐺🐻🐼	(0.3W) Quarter Way Inn 276-522-4603 📧 tina@quarterwayinn.com (www.quarterwayinn.com) 🏠 AT Passport location. 🚿 No dogs. Open Apr 1-Jun 30. Renovated 1910 farmhouse run by '09 thru-hiker Tina (Chunky) & husband, Brett. 🏠 \$30PP for in-door bunkroom with comfy mattress, pillow, shower, towel, laundry, loaner clothes, & a.m. coffee. \$45S, \$75D private room; or, 🏠 \$18PP tenting, both include the same. Gourmet breakfast \$12 including their own honey, apple butter, and jam. 📶 Full resupply (📶 gas canisters, Mountain House, tuna, oatmeal, etc.), pizza, pop & 🍦 ice cream. Extensive VHS collection, 📶 free phone calls, and hammock chairs in a majestic Sycamore tree. 🏠 Slackpacking often available, call in advance. Can ship outgoing packages. 📶 Parking \$3/day. Accepts Credit Cards, ID required. 📍 Mail for guests accepted: 4083 Old Rich Valley Rd, Ceres, VA 24318. 📍 [36.95587,-81.40107]
558.3	🏠🚿🚶🚗🚚🐾🐕🐶🐱🐹🐺🐻🐼	(0.1E) Bear Garden Hiker Hostel 248-249-1951 , 276-682-3769 📧 beargardenhikerhostel@gmail.com . Bob and Bertie Lingham owners. 🐾🐕 No dogs in the buildings. Hikers with dogs, dogs must sleep in the hikers tent. 🏠 AT Passport location. 🏠 Bunkhouse \$20 sleeps 10, overflow can sleep 6, includes shower, cold breakfast with cereal, bread for toast and homemade jellies, coffee-tea-hot chocolate included. 🚿 Privy, 🚿 washer/dryer are an additional charge. Chapel available for hikers. 🛏 Stay in little house \$100, sleeps 6 with full kitchen and laundry. 📶 Usually have fuel. We have food, drinks and some resupply at fair prices and 📶 free WiFi at the bunkhouse. 🚗 Some shuttle services are available. 📍 Mail drop: 306 W. Blue Grass Trail Ceres VA. 24318 📍 [36.98462,-81.40432]
558.3	🏠🚿🚶🚗🚚🐾🐕🐶🐱🐹🐺🐻🐼	(2.5W) Appalachian Dreamer Hiker Hostel 276-970-2834 (www.appalachiandreamerhikerhostel.com) 🏠 AT Passport location. Open April thru October. 🚿 No pets or animals of any kind allowed. May accept guest at other times with advanced reservations. Please call a head for availability. Reservation are recommended. \$20.00 donation requested for stay, cash only (last ATM heading North is at Shell Station in Atkins or if heading South, the trail crossing of HWY 52 at Bland VA. Space for 8 hikers, 2 full baths for hikers, large screened in porch, full kitchen for hikers where meals are served and hikers can prepare meals. 🚿 Laundry facilities, 📶 WiFi, land line phone, towels, bath cloths and pillow case furnished. Photo I.D. required, max. 2 night stay must sign hold harmless hiker agreement and accept rules which we have in place. Visit web site for rules and more info. We are Christians and promote Christian Values. Complimentary meals, 📶 short term resupply, 📶 fuel, 🚗 shuttle service when available for slack packing. 🏠 No cell service from trail crossing of Hwy. 42 or VA. 610. Call for pickup from top of Walker Mt. if heading north or from Chestnut Ridge if heading south. Will pick up from either Hwy 42 or Va. 610. Ask about 📶 parking. Located: at, 502 Dotson Ridge Rd. Ceres, VA. 24318. It is located west of where trail crosses VA 42 and also west of where trail crosses Old Rich Valley Rd. 📍 Mail drops: 502 Dotson Ridge Rd. Ceres, VA. 24318. 📍 [36.96258,-81.42464]
576.0	🏠🚿🚶🚗🚚🐾🐕🐶🐱🐹🐺🐻🐼	(5.1W) Saint Luke's Hostel 276-472-2150 📧 gold4woody@yahoo.com (www.saintlukeshostel.yolasite.com) Open year-round. 🐾 Pet friendly. 🏠 AT Passport. 🏠 \$20 Bunks, 🏠 \$15 tents/hammocks, 🛏 \$60 private rooms available. 🚿 Showers, 🚿 laundry. Kitchen use. 📶 Fuel. 📶 Resupply available once a day. 🚗 Free shuttle to and from VA 623. 📍 Mail drops for guest only: 1404 Banks Ridge Road, Tazewell, VA 24651. 📍 [37.08882,-81.31087]
604.9	🏠🚿🚶🚗🚚🐾🐕🐶🐱🐹🐺🐻🐼	(0.8E) Licksillet Hostel 276-779-5447 . Open 01 March. 🐾 Pets OK. 📶 Donations accepted, 🚿 laundry, TV with dvd collection, pool table, 🏠 slackpacking available. Limited kitchen, fridge, microwave, hotplate. 📶 Free WiFi. 📍 Mail drops for guest only: 35 Price Ridge Rd Bland, VA 24315 📍 [37.14750,-80.96456] 📍 [37.15567,-80.97999]

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NoBo Mile	Features	Description
972.1	🏠 🐾 🚿 📺 📶 📧 📧 📧	(0.3E) Mountain Home 540-692-6198 ✉ MountainHomeAT@gmail.com . Lisa & Scott "Possible" Jenkins. COVID-19 PROTOCOL IN PLACE. 🏠 AT Passport location. Open year-round , call/email ahead recommended, drop-ins OK. 1847 Historic Home and cozy "Cabbin" were purchased and rehabilitated after Scott's SoBo thru-hike in 2012. Check in at Main House – patio side entrance. Located 120 steps east of AT, at Gate 7 sign, where it bends north from Route 522. Look for long stone wall on left and red brick "Cabbin" on the hill. 🏠 Cabbin: has 4 twin beds upstairs, 2 double beds downstairs. Main house has two informal sleep 2-3 each. \$36 per person/card, \$35 per person cash/shared. 🏠 Private room in Main House: \$72 card or \$70 cash private (1-2 people +\$35/36EAP). Stay include bed, fresh linens, shower, AC/heat, breakfast, 📶 Wi-Fi, some cell, loaner clothes, hiker box, boot dryers, 🚗 shuttle to town. 🧺 Laundry \$5 per load. 🐕 Max 1 dog per night in Cabbin only for \$5; 🐾 outdoor kennel available for short day use. Pizza, 🍦 ice cream, sport drinks, snacks & 🛢 fuel for sale on site. Free lemonade, water, 🔌 recharging, bathroom at Main House. 🚗 Parking \$3 per day for non-guests. Formal private rooms offered in Main House; call for hiker rates and availability. 📧 Mail drops: c/o Mountain Home B&B, 3471 Remount Rd., Front Royal, VA. 22630. 📞 [38.87496,-78.14486]
980.3	🏠 🚿 📺 📶 📧 📧	(4.2W) Wonderland Hiker Refuge 571-722-4841 ✉ scottlyricu@gmail.com . 📶 No pets. Donation based. 🏠 Bunk room, includes 🚿 Shower and 🧺 laundry. 📺 Computer available for use. 📶 Free WiFi. 📧 Slackpacking offered with stay. 📞 [38.93853,-78.05611]
980.3	🏠 🐾 🚿 📺 📶 📧 📧	(6.2W) Stumble Inn 703-470-1654 ✉ stumbleinnat@gmail.com (www.stumbleinnat.com). Owned by 2018 thru hikers Stumbles and Texas. 🐾 Pet friendly. Open April 1st- July 4th weekend. Free pickup from U.S. 522. mm 972.1 (route 522) Call ahead for one of below pickup times (8:45, 12:30, 4:15, 6:00). 🏠 \$35 bunk, \$70 private Queen. Fresh linens provided. Town run included with 2 hour drop off from 4-6 pm. Stay includes 🚿 shower, 🧺 laundry, hiker kitchen, individual 🔌 charging station with each bunk, loaner clothes, boot dryers, hiker box, fire pit and grill use, complementary coffee/tea, 📶 Wi-Fi excellent 4G. 🍷 \$8 hot breakfast. Snacks, pizza, and cold drinks available for purchase. 📧 Mail drops: Free for guests. C/O Stumble Inn 990 Hillandale Road Front Royal, VA. 22630. 📞 [38.91660,-78.14045]
1005.6	🏠 🚿 📺 📶 📧 📧	(0.2E) Bears Den Hostel 540-554-8708. (www.bearsdencenter.org) 🏠 AT Passport location. Stone lodge, ATC owned and PATC operated. 🏠 Bunk \$25PP, 🏠 tenting \$15PP includes full house privileges. Hiker Special: Bunk, laundry, pizza, soda and pint of 🍦 Ben & Jerry's ice cream \$35PP. All stays include shower and self serve pancake breakfast. 🧺 Laundry, 📺 computer available for use, 📶 free WiFi. Hiker room with TV, shower, Internet and sodas, accessible all day by entering a mileage code at the hostel door. Upper lodge, kitchen, 📺 camp store and office open 5 am-9 pm daily. Check-out 9am. 📧 Slackpacking and 🚗 shuttles may be available during summer months. 🚗 Parking \$3 per day. Credit Cards accepted. 📞 [39.11110,-77.85425] 📧 Mail drops, picked up during office hours: Bears Den Hostel, 18393 Blue Ridge Mountain Rd, Bluemont, VA 20135.
1013.6	🏠 🚿 📺 📶 📧 📧	(0.2E) Blackburn Trail Center 703-967-2226. 🏠 AT Passport location. Open year round. The Center offers a hiker cabin with 🏠 four double bunks with a 🏠 picnic pavilion; 🏠 six tent sites and a tent platform are located below the hiker cabin. 🏠 Water is available from an outside spigot and a solar shower is located on the lower lawn. On porch of main building are logbook, donation box, 📞 pay phone, and 🔌 electrical outlets. 🚗 Shuttles sometimes available. 📞 [39.18755,-77.79798] (0.1E) Group campground with 🏠 tent sites, 🏠 picnic tables, and a 📺 privy is located on the north blue blaze trail. The Trail Center is owned and operated by the Potomac Appalachian Trail Club and is used to house trail crews, hold meetings, training seminars and retreats. A caretaker lives on site.
1019.4	🏠 🚿 📺 📶 📧 📧	(5.0W) Stoney Brook Organic Farm 540-668-9067, 540-668-7123. 🏠 Optional Work for stay, 🍷 meals, 🚿 shower, 🧺 laundry. Rustic Cabin accommodations. Market hours M-Th 6 AM-8 PM, F6 am-3 pm, Sa closed, Su 9 am-8 pm. Pickup and return from Bears Den, Blackburn Trail Center, Keys Gap, Harpers Ferry. Run by a twelve Tribes spiritual community. 📞 [39.19772,-77.72048] 📧 Mail drops for guest only: 37091 Charles Town Pike Hillsboro, VA 20132
1025.7	🏠 🚿 📺 📶 📧 📧	(360FT W) The Town's Inn 304-702-1872 (mobile) or 932-0677. (www.thetownsinns.com) Located about 100 steps from the AT. 🏠 Private room \$99-\$110 up to 6 persons, one pet room. 🏠 Hostel walk-in only \$35PP. 🍷 Dining available 6am-10pm daily year-round. 📺 Shop stocked for hiker resupply. 🧺 Laundry \$5. 🚗 Shuttles \$1/mile. Accepts Visa/MC accepted. 📞 [39.32372,-77.73160]
1029.3	📧 📧	(1.0W) Cross Trails Harpers Ferry Hostel 301-834-2778 (phone), 240-603-4150 (text) ✉ info@potomachostels.com (www.potomachostels.com) Open year round. 📧 Mail drops for guests: 19123 Sandy Hook Rd, Knoxville, MD 21758. 📞 [39.32649,-77.70051]
1067.4	🏠 🚿 📺 📶 📧 📧	(1.6E) Sunflower Cottage 240-469-7606 soolahhoops@gmail.com (www.solahhoops.com/at-hikers.html) Open March 31 to October 31st. No smoking. 🏠 Hiker hut with bunk beds and a wifi extender. 🏠 Private room \$25 per night, includes hearty home-cooked breakfast. 🧺 Other lodging available. 🏠 Tent camping is available for \$10 if the rooms are taken. 🧺 Laundry \$5 per load. Can pick up and drop off at Pen Mar Park. 📧 Accepts mail drops, contact for more information.
1069.9	🏠 🚿 📺 📶 📧 📧	(9.8E) RoseSniffers Farm 717-408-5021 ✉ Rosesniffers@gmail.com 🐾 Pet friendly. 🏠 Pricing: \$20/night for indoor bed. \$15/night for indoor carpet floor. \$10/night outdoor campsite. Notes: All stays include non-alcoholic cold beverages, coffee, tea, 🧺 laundry access, ride back to trail, zeros, transportation, 🚗 pool. Snacks included, 🍷 (serving breakfast, lunch, dinner with advance notice) 🚗 ask about shuttles. Address: 3910 Bullfrog Road, Fairfield, PA 17320 📞 [39.795617,-77.357901]
1085.2	🏠 🚿 📺 📶 📧 📧	(0.8W) Trail of Hope Outreach Ministries Hostel 717-360-1481, 717-352-2513. 🏠 AT Passport location. 🏠 \$22 bunk or 🏠 \$12 camping. 🧺 Coin laundry, use of kitchen, resupply, 🛢 white gas, denatured alcohol by the ounce, canister fuel. 🚗 Call for shuttles from Timbers. 📞 [39.90504,-77.50532] 📧 Mail drops: 7798 Lincoln Way East Fayetteville, PA 17222.
1105.1	🏠 🚿 📺 📶 📧 📧	Ironmasters Mansion Hostel 717-486-4108 ✉ ironmasterspinegrove@gmail.com . (www.ironmastersmansion.com) 🏠 AT Passport location. Open April 1-Oct 31 all-day. Nov 1-Mar 30 by reservation. Call or email for reservations. Updates posted on website. 🏠 \$25PP; Dinner and breakfast for \$10 more. 🏠 Private room \$60. a night Mon-Th and \$80. a night Fri, Sat and Sun 📺 Computer available for use, 📶 free WiFi, 🧺 laundry \$3. 📧 Mail drops: Ironmasters Hostel, 1212 Pine Grove Rd, Gardners, PA 17324. 📞 [40.03211,-77.30797]
1124.3	🏠 🚿 📺 📶 📧 📧	Lisa's Hostel 717-226-8390. Open Feb-Mar, 7 days a week. No walk-ins. No credit cards. Call for details. 🐾 Pet friendly. 🏠 Bunks \$20, includes linens, pillow. 🏠 Tenting \$20. Stay includes 🚿 shower with towel, shampoo body wash. 🧺 Laundry \$3 PP. 🚗 Shuttles for guests. Pickup at ATC at Boiling Springs.
1150.0	🏠 🚿 📺 📶 📧 📧	Kind of Outdoorsy 717-596-0016 (www.kindofoutdoorsy.com) 🐾 Pet friendly. April-December Sunday-Thursday 9-5 Friday-Saturday 9-6. 🏠 Currently 12 beds, expanding to 20 by June. Reservations one day ahead. 📺 Full resupply, 🛢 fuel, darn tough warranty. Lounge open to all hikers. 📧 Mail drop: 9 south market street, duncannon pa 17020. Include name and expected arrival date. 📞 [40.38964,-77.03075]
1246.6		(0.14E) The Lookout Hotel (Opening in 2022) 8680 route 309 New Tripoli, PA 18066. Text 484-357-9178. 📞 [40.70771,-75.80478]
1261.1	🏠 🚿 📺 📶 📧 📧	Bert's Restaurant 610-826-9921. 🏠 AT Passport location. M-T 7am-2pm, W-Th 7am-8pm, F-Sa 7am-8:30pm, Su 8am-8pm. 📶 WiFi in restaurant, 🏠 ask about overnight stay, 🚿 shower \$5. 📞 [40.80273,-75.60698]
1273.3	🏠 🚿 📺 📶 📧 📧	(1.2W) Blue Mountain Dome Home John "Mechanical Man" & Linda "Crayon Lady" Stempa. 610-428-1165 (cell) ✉ mchlman@ptd.net . (www.facebook.com/Linda-and-Johns-Blue-Mountain-Dome-Home-982159751951035) 🏠 Follow the blue blazes on the telephone poles. Hikers welcome to water from the 🏠 water spigot at the rear of the house (no need to call). You may also use the free 🚿 outside shower during daylight hours. 🐾 Pet Friendly, ask about dog sitting. Please sign register. 🚗 Shuttles S to Duncannon PA. < > N to Delaware Water Gap for a fee. 🚗 Parking free with permission only, safe parking. \$10 🏠 🏠 Camp or stay in garage, includes 🚿 hot shower and towel and ride to 📺 Kunkletown and back to trail (call in advance). Ask about 🛢 fuel, and 📧 mail drops. 📞 [40.82658,-75.43264]

2022 Appalachian Trail, Hostels

Updated: 13 December 2021

Miles and letter listed in front of the name indicates miles and direction from the Appalachian Trail.
(3.0E) would mean it is 3.0 miles east of the AT. See Legend on page 10.



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NoBo	Mile	Features	Description
2079.8			John Baptist Mission 207-558-1701 , 207-279-6668 ✉ bettinan.stevens@gmail.com . (Private home) Proprietor: Bett Stevens. Open year-round. 🐾 Pet friendly. Private home with relaxing atmosphere. Private rooms. 🛖 Bunkhouse. 🏕️ Tenting and 🛖 hammocking. 🚿 Showers, 🧺 laundry. Home cooked meals, use of kitchen and grill. 🚌 Group shuttles to trail and resupply available. Donation or 🛠️ work for stay encouraged. 📶 Free WiFi, 💻 computer available for use. (0.5N) of post office. 📧 Mail drops: PO Box 135, Monson, ME. 04464
2179.0			The Appalachian Trail Lodge 207-723-4321 . (www.appalachiantrailodge.com) (atlodgereservations@gmail.com) Open Memorial Day - October 15th, 7am - 7pm. No check-ins after 8pm. 🚫 No Pets. 📍 AT Passport location. 🛖 Bunkroom \$30, 🛏️ Private Room with shared bath & kitchen \$60-70. Family Suite \$95-\$115, sleeps 4. 🧺 Coin laundry \$3. Town clothes available. 📶 Free WiFi. 🚿 Showers for non-guests \$5. 🚗 Licensed shuttle service to Bangor, Medway, Monson, Baxter State Park, 100 Mile Wilderness. Offers food drops at halfway point of 100 Mile Wilderness. 🅇 Free parking. 🎒 Slackpack in 100-Mile Wilderness. See our website for updated SOBO Specials & SOBO Workshop. Mail drops accepted for guests, Non guest donate to our Hiker Fund and arrange to pick up packages during Gear Shop hours only. We do not sign for packages. 📧 Mail drops: 33 Penobscot Avenue, Millinocket, ME 04462. 🛍️ Ole Man's Gear Shop - Fully stocked. Limited resupply. ⛽ Fuel. Open daily 9am - 12pm & 2pm - 5pm. 📞 [45.65337-68.70869]
2179.0			100 Mile Wilderness Inn 207-731-3537 (www.100milewildernessinn.com) 🛏️ Private rooms starting at \$70 a night. Rooms offer A/C. The Inn offers free cold breakfast, hot coffee, tea or cocoa and snacks. We have Netflix on the TV. 📶 Free WiFi. 🛖 Bunk house sleeps 8 with A/C, \$30 PP, with 🚿 shower house and flush toilets are available for guests. 🧺 Laundry. BBQ grill and fire pit available for use. 🚌 Shuttle service to BSP, parts of 100 mile wilderness, Midway bus station and beyond. A 2 minute walk from downtown restaurants and pubs. 📞 [45.65288,-68.71121]

2022 Appalachian Trail, Hostels Legend

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Icons Descriptions

- Warnings or things that you need to be aware of. Highlighted for quick reference.
- ★★★★★ See notes and establishments listed below this entry.
- Source of drinking water. Indicates dependable water (when icon box is shaded)
- Seasonal water source, not always reliable (unreliable)
- Intersection, junction, side trail, connecting trail or adjoining trail.
- {x} AT Shelter and (capacity). Highlighted for quick reference.
- {x} Tent sites, may sometimes be listed with (capacity) or tent platforms
- Possibilities for hammocks available. In some cases you may have to expand up to 100 feet beyond the area to find trees but you can hang. Availability of hanging also depends on the growth of the underbrush.
- Privy
- Bear cables or bear box available for food bags
- Cell phone signal strength, based on a nice clear day.
- Power line, pipe line or electrical wires
- Summit or crest. Highlighted for quick reference.
- Direction and miles to next shelter South or North. This does not include the mileage distance the shelter is off the trail.
- Views, overlooks or photo opportunities
- Lookout, fire tower or observation tower
- Footbridge, or any other bridge
- Picnic Table or picnic area
- Road. Highlighted for quick reference.
- Gravel or dirt roads, logging roads, wood roads, USFS roads, forest roads, fire roads, or any other non-paved roads. Not all of these roads can be accessed by vehicle. Highlighted for quick reference.
- Attractions, important or historical features, other photo opportunities
- {x} Parking. Vehicle capacity, and fee inside parenthesis. If there is a fee there will be a "\$". Coordinates should get you within eyesight of parking area. Always check ahead for parking safety.
- Overnight/caretaker fee. On town maps it represents a bank.
- [] GPS coordinates are listed inside of descriptions
- Swimming possibilities
- Boating or boats available for use
- AT Passport location. Get your book stamp here. (www.atpassport.com). When icon is on maps, it refers to the Appalachian Trail.
- Hostel. Highlighted for quick reference.
- Lodging. May not include tax.
- Shuttle, bus, or taxi. **Shuttle providers are highlighted** for quick reference. A shuttle provider is a person that will shuttle hikers to different locations or trail heads up and down the Appalachian Trail. They usually charge a fee. Not a person that picks a hiker up at the local trail head to bring back to their establishment and back in the same trail head.
- Post Office. Highlighted for quick reference.
- Mail drop location
- Email address
- Vet or Kennel
- Pet Friendly
- No Pets/Not Pet Friendly
- Work For Stay (WFS)
- Fuel for stove
- Laundry
- Computer available for use
- WiFi available
- Shower available
- Slackpacking may be available
- Insured shuttle provider
- Bank/ATM
- Long term resupply (enough food to get to next resupply point)
- Short term resupply (snack, odds & ends)
- Anywhere that serves food for a fee
- Pay phone or public phone
- Waterfalls
- Railroad crossing, tracks
- Trash can usually available
- Outfitter
- Charging station, phone and accessories
- Ice cream
- Hardware store
- Public Restroom
- Pharmacy
- Barber
- Information Area
- Purchase or serves alcohol
- First Aid, doctor, hospital or urgent care
- Movie Theater
- Not categorized
- Airport or airfield
- Bus or bus station
- Train or train station
- State lines are highlighted
- Reroute, trail bypasses this section for now